

# Information for your Day Surgery

## Where and when to arrive for your surgery

Please arrive to the clinic at the scheduled time that was previously communicated to you by the Institut de chirurgie spécialisée de Montréal .

Free parking is available .

## The day before your surgery

- You must be fasting as of midnight the night before your surgery .
- You are permitted sips of water until 2 hours before your scheduled arrival time at the clinic.
- Please follow the instructions that were given to you by your surgeon and or the pre-operative nurse at the hospital if applicable .

Institut de chirurgie spécialisée de Montréal  
6100 Av. du Boisé, #112  
Montréal, QC  
H3S 2W1



<https://icsmontreal.com>



(514) 737-6100

Centre intégré  
universitaire de santé  
et de services sociaux  
du Centre-Ouest-  
de-l'île-de-Montréal

Québec 

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## The day of your surgery

- Bring your valid health insurance card or refugee papers.
- Bring a list of your current medications.
- Unless otherwise advised by your doctor or the nurse , be sure to take your morning medication.
- Do not wear any make-up , cream , body lotion or perfume.
- Do not wear any contact lenses, nail polish or artificial nails , jewellery or piercings .
- Wear comfortable clothes.
- Bring your CPAP machine if you have one .
- Institut de chirurgie spécialisée de Montréal is not responsible in the case of loss/theft /damage of personal items of value .

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## After your surgery

- You will be taken to the recovery room where you will be under observation for a few hours.
- It is important that someone accompanies you back home after your surgery . Please arrange transportation in advance . You will not be permitted to leave the clinic alone by taxi or public transport .
- You are not allowed to drive for 24 hrs following your surgery .
- For your safety , you should arrange to have someone stay with you overnight following your surgery .

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## Important notice

- If you need to cancel your surgery , please contact us at (514) 737-6100.
- For any additional questions or concerns regarding your surgery , please contact your surgeon's office .
- If you have an emergency or complication after your discharge home , you can contact a peri-operative nurse at the Jewish General Hospital at (514) 340-8222 ext 24324.

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