



Case Study and Reflection - Geriatrics

Mrs. X is an 83 year old female presenting to the JGH ED 2017-06-22 post-fall with right sided hip and knee pain, generalized weakness of the lower extremities and dizziness. Mrs. X has a history of falls and is known for mixed Dementia (MMSE 22/30 on 2016/03/12), HTN, DMII, GERD, and macular degeneration.

Mrs. X lives with her husband in an apartment in Cote-St-Luc. Mrs. X has a non-slip mat and grab bars in the shower and does not use any walking aid to mobilize. Some of her interests include listening to music and playing cards.

Mrs. X not receive any CLSC or private services but is known by a social worker at CLSC Rene-Cassin who checks in monthly by phone. She has one son who visits on the weekends but is often away during the week due to work commitments; he is worried about his mother's safety at home. He has brought up the possibility of at-home CLSC services in the past but she has always refused saying her and her husband are "able to get by just fine".

Mrs. X was referred to OT for a functional evaluation and discharge planning.

Reflective Exercise

- 1) What are your initial concerns regarding Mrs. X?
- 2) What are your thoughts on Mrs. X's current living situation (ie. home environment, social environment, etc.)?
- 3) What additional information would help you to better understand Mrs. X? Prepare a brief summary of your plan for your initial interview and evaluation of Mrs. X.
- 4) You want to learn a little bit more about Mrs. X's current situation but you find her in a deep sleep in her hospital bed, who else can you look to for additional information?
- 5) Based on the information you have, what additional resources do you believe Mrs. X can benefit from?
- 6) What are different discharge possibilities given Mrs. X's current condition and care needs?