

ORIENTATION TO CARDIOLOGY (CVU/CVICU)

<u>Number of beds:</u>	CVU = 36 beds, CVICU = 14 beds
<u>Population:</u>	Cardiovascular patients
<u>Personnel:</u>	Cardiac Surgeons, Cardiologists, Unit Agent, Head Nurse, Clinical Nurse Specialist, Specialized Nurse Practitioner, Resource Nurse, Orderlies
<u>Interdisciplinary Team:</u>	Clinical Nutritionist, Physiotherapist, Occupational Therapist, Speech Therapist, Social Services

Organization:

The CVU is made up of 4 pods – Pod A, B, C and D. The Unit Coordinator is in Pod A, with the bed board in Pod D. There are 3 nurses in pods B and C– every nurse carries a portable phone. Charts for Pod A and Pod B will be located in Pod B. Charts for patients in Pod C and Pod D will be located in Pod C.

Bed distribution:

Pod B = 10-12, 14-17, 20-26, 30, 55-57

Pod C = 31-36, 40-46, 50-54

Occupational Therapy Referrals

Referrals are written by the doctors on the unit. Referrals may also be generated during team discussions during morning huddle or weekly interdisciplinary team meeting. The occupational therapist assigned to this unit is responsible for assessing and treating the patients admitted under cardiology in a prioritized fashion.

- Evaluation for independent feeding, grooming, bathing, dressing, toileting, domestic tasks, functional mobility
- When the patient is at risk of an unsafe return home or is no longer functioning at their baseline
- Screening of cognitive functioning and its impact on independent and safe living
- Provision of and/or recommendations for assistive devices or adapted equipment to maximize independent functioning including alternatives to restraints



- Teaching of compensatory techniques and energy conservation techniques when appropriate to maximize autonomy
- Positioning for prevention of contractures, skin integrity and optimizing self-care performance
- Fabrication of orthoses (upper extremity only) for in-patients (ie. for exposed tendons, prevention of contractures, etc.)
- Evaluate need for manual or motorized wheelchair (or specialized seating)

Rounds:

Interdisciplinary Huddle - CVU

DAY: Mon, Thurs, and Friday at 8:30am

Interdisciplinary Huddle - CVICU

DAY: Wednesday at 8:30am

Weekly Interdisciplinary Team Meeting

DAY: Tuesday at 1pm

PLACE: Conference room

FORMAT: Interdisciplinary discussion of patient's current status, treatment plan and goals