



ORIENTATION TO CHILD PSYCHIATRY (Pavilion M - Outpatient Child Psychiatry)

Population: Children who are unable to function in their communities and schools are admitted to this program because of serious psychological, cognitive, behavioral, and family problems.

Location: Pavilion M, located at 4335 Côte St-Catherine

Setting: Simulated school setting, which includes 8 classrooms (kindergarten to grade 6) with a maximum of 7 students per class.

Interdisciplinary Team: Psychiatrist, Psychologist, Psycho-educators, Nurse, Speech and Language Pathologist, Special Education Teachers, Drama Therapist, Art Therapist, Social Worker and Occupational Therapist.

Child Psychiatry Services:

Children and their families are provided with a comprehensive treatment approach, which includes medication, individual and family therapy, social skills training, educational services, neuropsychological assessment, art therapy, drama therapy, and occupational therapy. The hospital works in partnership with families, as they are an integral part of treatment planning and implementation. The division staff often act as advocates for parents in seeking additional services for their children and for themselves.

Hospital staff maintain a close working liaison with community schools (both public and private), in order to ensure that the children admitted to the program remain or are reintegrated back into their outside schools as quickly as possible. A follow-up services team also provides post-discharge care.



Occupational Therapy Referrals:

The role of occupational therapy is to promote occupational performance in activities of daily living such as eating, dressing, handwriting, playing, communicating, etc. The OT works as part of an interdisciplinary team, and in addition to the usual OT functions (e.g. assessments, treatment planning, etc), shares the extra responsibilities as needed, such as help with swimming supervision, lunch supervision and participating in rounds.

Rounds:

DAY: Wednesdays at 1:00-2:00pm

PLACE: M-150

FORMAT: Lectures/workshops where health professionals involved in the Child Psychiatry programs (including day and out-patient hospital) have the opportunity to present topics of interest to other staff members. Students are expected to attend.

Interdisciplinary Team Meetings:

DAY: Wednesday mornings from 9:00-12:00pm

PLACE: M-030 or M-150

FORMAT: Students are expected to attend, observe, and gradually participate during these meetings. Don't hesitate to share observations and assessment results on days when your cases are discussed. Your input is valuable!