



Hôpital général juif  
Jewish General Hospital

## CONTACT INFORMATION

❖ **EARLY CHILDHOOD DISORDERS PROGRAM**  
(CHILDREN AGED 3 TO 7)

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❖ **DAY HOSPITAL PROGRAM AND EVENING HOSPITAL PROGRAM**  
(CHILDREN AGED 8 TO 12)

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## WHAT IS OCCUPATIONAL THERAPY?

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Occupational therapists are concerned with promoting the health and well-being of their clients during the course of everyday life. Through the use of meaningful activities, the occupational therapist enables their clients to participate and function in their everyday occupations (self-care, work, and leisure) as independently as possible.

In schools, occupational therapists evaluate children's abilities, recommend and provide therapy, modify classroom equipment and help children participate as fully as possible in school programs and activities (Occupational Outlook Handbook).



## OCCUPATIONAL THERAPY SERVICES AT THE EARLY CHILDHOOD DISORDERS PROGRAM

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An occupational therapist is assigned to each of the multi-disciplinary teams of this program and assists in developing the individualized treatment plan of each child.

Occupational Therapy addresses many aspects such as:

- Gross motor skills (running, jumping, ball manipulation, etc.)
- Fine motor skills (writing, cutting, buttoning, etc.)
- Sensory processing skills (taking in sensory stimuli and responding to it adequately)

- Visuo-perceptual skills (recognition of shapes, colors, objects, etc.)
- Organizational skills (strategies used to organize oneself in the environment)
- Behaviour (promoting skills for listening and following directions, fostering social play skills)
- Daily living skills (dressing, grooming, etc.)

Occupational therapy is provided to the children in this program on a weekly basis through groups or in individual sessions.

