**FDG PET/CT SARCOID & CARDIAC**

**PATIENT INSTRUCTIONS**

ROOM G19, BASEMENT PAVILION G, TEL: 514-340-8222 extensions 25942 ou 25374

NAME/U#:_________________________DATE & TIME OF SCAN:________________________

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**PREPARATION BEFORE THE SCAN:**

1. Fasting 18H before scan (water only).
2. Do not smoke 18H before the scan.
3. Follow the diet, the day before your scan (24h prior).
4. No physical activity 48H before scan.
5. Avoid being cold 24h before scan.

If you think you are pregnant: Call us at the Nuclear Medicine Department (ext.: 23203).

Take all your medications, except:

- **Insulin** must be stopped 12h before the scan
- **Glucophage** and **Metformin** must be stopped **48h** before the scan

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**DAY BEFORE THE SCAN, EAT ONLY!**

- Chicken, Turkey, Fish
- No breadcrumbs
- Meat or Bacon
- Eggs without milk
- Water
- Coffee or tea (NO MILK, NO SUGAR/SWEETENER)
- Use only Salt, Pepper and Olive Oil.
- No other condiments

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If you don’t follow this diet, your exam will be canceled.

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**DAY OF THE SCAN:**

1. Bring the reports and copies of previous exams such as PET, X-RAY, CT or IRM not performed at the Jewish Hospital.
2. Please bring your PET survey properly filled.
3. Bring your list of medications.
4. Your scan will last 2-3h.
5. Wear clothes without metal. No Jewelry.
6. Are you taking care of a baby or are you breastfeeding? If you are, inform a team member on the day of the scan. Additional instructions will be provided.

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**CONFIRMATION/QUESTIONS/CANCELATION?**

Call us at 514-340-8222; for the PET/CT secretary compose the extension 25942.

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V.2 Avril 2019