



# Medication Protocol for Iodine-131 Therapy in Patients with Graves' Ophthalmopathy

# Rx

Known drugs allergies: \_\_\_\_\_  None

Patient weight \_\_\_\_\_ kg

- 1) Selenium 100 micrograms BID x 6 months, or until instructed to stop by MD.
- 2) Start prednisone on the day of I-131 therapy. (Select one of the regimens below based on patient's weight.)

For patients 55-80 kg:  
 Prednisone 30 mg PO QD x 1 month  
 Then prednisone 20 mg PO QD x 1 month  
 Then prednisone 10 mg PO QD x 1 month  
 Then stop

For patients 81-100 kg:  
 Prednisone 40 mg PO QD x 1 month  
 Then prednisone 30 mg PO QD x 1 month  
 Then prednisone 20 mg PO QD x 14 days  
 Then prednisone 10 mg PO QD x 14 days  
 Then stop

For patients 101-120 kg:  
 Prednisone 50 mg PO QD x 1 month  
 Then prednisone 40 mg PO QD x 1 month  
 Then prednisone 30 mg PO QD x 14 days  
 Then prednisone 20 mg PO QD x 7 days  
 Then prednisone 10 mg PO QD x 7 days  
 Then stop

For patients 121-140 kg:  
 Prednisone 60 mg PO QD x 1 month  
 Then prednisone 50 mg PO QD x 1 month  
 Then prednisone 40 mg PO QD x 7 days  
 Then prednisone 30 mg PO QD x 7 days  
 Then prednisone 20 mg PO QD x 7 days  
 Then prednisone 10 mg PO QD x 7 days  
 Then stop

PATIENT IDENTIFICATION

MD: \_\_\_\_\_ Date: \_\_\_\_\_  
PRINT NAME SIGNATURE LICENSE #