

Nuclear Medicine Brain FDG PET/CT Patient Instructions

Room G-19, basement of Pavilion G
Tel: 514-340-8222 ext. 25942 or ext. 25374

NAME

APPOINTMENT DATE & TIME

Preparing for your scan

1. **YOU MUST BE FASTING 4 HOURS BEFORE THIS SCAN.** For 4 hours before your appointment, do not eat or drink anything except water. If you have an afternoon appointment, a light protein-rich breakfast is recommended, this can include eggs, milk, cheese and yogurt.
2. Continue to take all prescribed medications, except insulin which should be stopped for 8 hours prior to the scan. Type I diabetics should contact the department for further instructions.
3. No gum, no mints, no candy, no smoking for 4 hours before your test.
4. If you think you may be pregnant, call us ASAP. PET is not performed on pregnant women.

The day of your scan

1. Bring the reports and a copy of the images on CD of any previous brain imaging including PET, CT or MRI *which were not performed in a Quebec public hospital*.
2. Plan to be in the department for at least 3 hours.
3. If you are nursing or breastfeeding, please advise a member of the team on the day of your scan and further instructions will be provided for you.

Confirming your appointment

Please call 514-340-8222 ext. 25942 or 25374 to **confirm your appointment** 1 to 2 weeks before your scheduled date. You may call day or night, and leave a message stating your name, date of your appointment, that you are having a PET scan and confirm your attendance.

Questions? Call us at 514-340-8222, extension 25942 or 25374 from 9AM to 3PM.

Cancellation? All cancellations must be made by phone at least 48 hours prior to your appointment. Call us as soon as you can if you will not be attending.