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Introducing...

Mildred B. Lande



(This is the twenty-third in a series of articles introducing members of the Hospital's Board of Administration.)

Perhaps the essence or Mildred Lande is reflected by her hobbies: she sews, knits and does needlepoint for the Hospital's Gift Shop while enjoying going to concerts and the ballet. For, besides starting out as one of Montreal's leading philanthropists even before she had earned her B.A. from McGill, the tall, fair, glamorous and friendly daughter of the Abe Bronfmans of Port Arthur, is the wife of financier Bernard J. Lande, mother of two sons and two daughters, and grand-mother of three.

Today, this vigorous, no-nonsense woman is a Past President of the Jewish Junior Welfare League, the Women's Federation of AJCS, and the Women's Auxiliary of the Hospital while, currently, she is a member of the Ladies Committee of the Montreal Museum of Fine Arts, the Montreal Symphony Orchestra, Les Grands Ballets Canadiens, a Member of the Board of Trustees of AJCS, Shaar Hashomayim Synagogue, and the YM-YWHA, and Co-Chairman of the Hospital's Look Ahead Show, 1969-70. Then last year, Mrs. Lande — who, as a girl, had officiated at the JGH's opening in 1934 — joined her husband when she became the first woman to be elected a Member of the Hospital's 34-member Board of Administration. Says she:

"There is a destiny that makes us brothers

None goes his way alone

All that we send into the lives of others

Comes back into our own."

JGH Psychiatric Institute helps develop unique youth clinic

"Much of today's drug situation is connected with adolescents' difficulty in resolving their independence," says Dr. Henry Kravitz, JGH Psychiatrist-in-Chief, and one of three staff Hospital psychiatrists assisting the Cote St. Luc Youth Clinic (also known as "The People's Youth Clinic") opened July 8th. "But before the experience acquired this summer at the Clinic and Hospital, our biggest mistake was putting so much emphasis on drug abuse. Drug abuse is only the tip of the iceberg. The youth of today aren't all derelicts from drug-taking. But the fact that many of them are taking drugs indicates that many are unable to cope with the problems as they see them."

Agreeing that a generation gap exists today between parent and child, "if we mean by 'generation gap' that two different generations speak different languages," Dr. Kravitz adds that the gap is no longer twenty years or more but more like five years or less. University and high school students have difficulty communicating with each other today, for exam-

ple, and so do high school and primary school students. "But the gap between parent and child has always existed," he says, "because the child has a certain developmental task to do in adolescence to gain his independence. Adolescents unable to achieve this have found techniques to externalize the problem to call it something else. But it's really unresolved independence. Much of the drug situation fits in here. A large number of youngsters are imperilling their future not because they are taking drugs, but because they're not dealing with the underlying conflicts."

The Cote St. Luc Youth Clinic was
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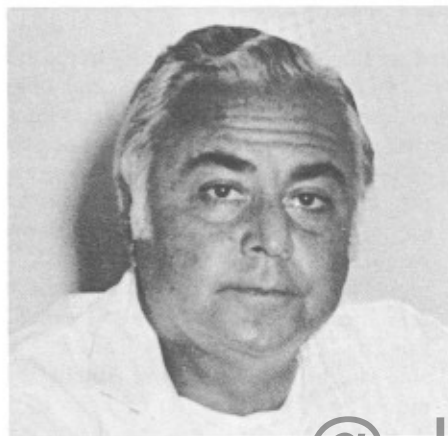


Some of the principals assisting with the Cote St. Luc Youth Clinic — from right to left: Dr. Henry Kravitz, Psychiatrist-in-Chief at the JGH and Director of the Institute of Community and Family Psychiatry, Dr. Danny Silver, Assistant Director of Youth Services at the Institute, and Dr. Sam Stein, Director of Planning and Development, Department of Psychiatry — discuss the diagram of comprehensive services which the Department submitted in July to the LeDain Royal Commission on Drugs.

JGH to extend its vasectomy program

As both the Canadian Medical and Canadian Urological Associations revised their codes of ethics this summer to leave the decision regarding the sterilization of men and women to couples and their physicians, the JGH's Department of Urology will extend its vasectomy program this autumn, says Dr. Clarence Schneiderman, Chief of the Department.

"In the last few years," he adds, "there has been a complete change in attitude in the medical profession and general public regarding family planning.



Dr. Clarence Schneiderman

Until now, our Urology Department — like those in most hospitals across Canada — has performed vasectomy as an adjunct of prostatic surgery only. But soon, under the new codes, a typical case to be dealt with will be a couple with six or seven children in which the mother, after trying The Pill and intrauterine devices without success, fears another pregnancy to the point where she is afraid of sex and becomes frigid, often causing emotional stress at home. A simple vasectomy sometimes helps to improve this type of situation."

Vasectomy, the sterilization procedure performed on men, is a simple operation done under local or general anaesthetic in less than half an hour with, generally, no after-effects. Following the operation, the patient usually returns home to go back to work the next day. "Vasectomy does

Meanwhile, the sterilization procedure for women, tubal ligation, is a more elaborate process involving an intra-abdominal operation in which subjects become hospital in-patients for several days.

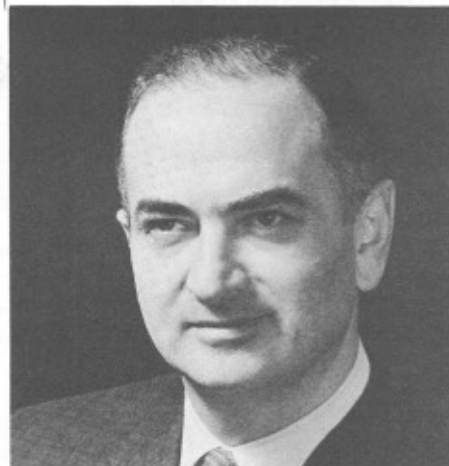
"Most hospitals in Quebec and Canada are now giving serious consideration to revising their views on vasectomy," says Dr. Schneiderman, "and it is very likely that all hospitals across Canada will be using this procedure for sterilization purposes soon."

Youth Clinic . . .

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founded by youth at the grass roots level in cooperation with — and this is what makes it unique in Montreal — 26 local professionals and businessmen who, wanting to undertake useful community work, approached Dr. Kravitz in March, 1970, for direction. Dr. Kravitz — who is also Director of the JGH's Institute for Community and Family Psychiatry, President of the Canadian Psychoanalytic Society, and an Associate Professor at McGill — replied that a youth clinic costing \$45,000 the first year was needed, and recommended the Cote St. Luc area for a site believing it to be a homogeneous community where malnutrition among the youth would be minimal while whatever physical illnesses they might have would be largely taken care of by family physicians so that chiefly drug-users and the alienated would be left to seek the clinic. Agreeing to underwrite the scheme, the group incorporated under the name "Impact Associates", located a seven-room house at 8027 Cote St. Luc Road owned by the Maritime industrialist, K.C. Irving, who agreed to lend it indefinitely in return for payment of

New rank



Dr. Michael A. Gold, Medical Director, recently announced that Dr. Joseph L. Shugar, B.Sc., M.D., D.A.B.O.S., F.A.C.S., F.R.C.S.(C.), Orthopedist-in-Chief, was appointed to the Hospital's geographic full-time staff August 1st.

A graduate of McGill and formerly a teaching fellow at Harvard, Dr. Shugar is a member of The International Society of Orthopedic Surgery and Traumatology, and a former President of the Association of Orthopedic Surgeons of Quebec.

of Cote St. Luc who both knew the local drug scene and wanted to help, to form a Board of Directors. Now, having painted and furnished the house, these youngsters and their friends are undertaking jobs such as washing cars to raise \$6,000 to cover expenses.

"The activism of this Board," says Dr. Kravitz, "and of their colleagues all over the city, has stimulated the community to do something about required services." For example, they predicted last spring that Montreal would have several thousand bad trippers during the summer. To help meet the anticipated need, the JGH assigned seven beds to the Clinic while several psychiatrists — Dr. Kravitz, the Institute's Assistant Director of Youth Services, Dr. Danny Silver, and Director of Planning and Development, Department of Psychiatry, Dr. Sam Stein, and others — took turns staying on the ward 24-hours-a-day for two months when 75 youths were admitted.

But besides these, three field-workers are also connected with the Clinic. These

to work the next day. "Vasectomy does not affect a man's sexual prowess at all," stresses Dr. Schneiderman, although, he cautions, "the procedure is irreversible. There is a misconception that the tube, the vas, can be reconstituted, but this is a rarity." For this reason, both members of couples in which the male undergoes

indefinitely in return for payment of taxes, and visited the city's mayor, chief of police, and the YMCA. The result was that the city donated \$27,000 part of which is to finance the three part-time detached workers loaned by the Y. Finally, Impact hired David Reilley, 21, formerly director of the Jeanne Mance Clinic,

are also connected with the Clinic. These three meet most of the drug-taking youth in the area, deal with 90% of the cases they encounter, and refer the 10% they can't cope with to the Clinic. Every two weeks, they meet with the Clinic's psychiatrists to discuss individual and communal problems. When a psychiatrist ob-



Just two years and two classes before the JGH School of Nursing closes its doors in favour of the now developing CEGEP nursing education program, the Class of '70 poses for its photograph. From the left are, front row: the Misses E. Gurwitz, H. O'Hara, J. Hawkins, and F. Egan; middle row: the Misses J. Gajewski, E. Handman, Mrs. M. Bergman, Miss S. Harris, Mrs. S. Beaudet, the Misses R. Goldstein, M. McCabe, and Mrs. C. Cohen; back row: the Misses S. Cohen, R. Boro, R. Charon, Class President R. Sealey, R. Beckman, R. Goodman, B. Hollander, N. Wright, B. Hannon, L. Fishbien, and S. Carbray.

JGH School graduates 23 nurses

Twenty-three young women graduated from the JGH School of Nursing at a special ceremony held in the Nurses' Residence on the evening of September 3rd. Dr. Andre Aisenstadt, President of the Hospital, chaired the event while Mr. Samuel Cohen, Consultant to the Board of Administration, presented the graduation address, Rabbi Dr. Harry Stern pronounced the invocation and benediction, Miss Gwynneth Allen, Director, Nursing Education, presented the diplomas and pins, and Mrs. Carmelita Sideco, Assistant Director, Nursing Education, presented the prizes and scholarships assisted by:

Mr. Allan Bronfman, Honorary President of the Hospital, who awarded The Mrs. Allan Bronfman Prize for general proficiency to Miss Linda Fishbien, class valedictorian;

Mrs. Myer Deitcher, President of the Women's Auxiliary, who presented The Annie E.B. Goldbloom Award established by the Women's Auxiliary for the highest aggregate marks in examinations to Miss Fern Egan;

Mr. David Kirsch, Honorary President, who presented The Michael Hirsch Honour Award for consistent personal and professional progress to Miss Eileen Gurwitz;

Miss Helen Taylor, Director, Nursing Service, who presented The Associate Nurses of the Jewish General Hospital Award for bedside nursing to Miss Judith Hawkins;

Dr. Henry Kravitz, Psychiatrist-in-Chief and Chairman of the Executive Committee of the Medical Staff, who awarded The Rachel Moses Block Memorial Prize for the application of psychiatric nursing concepts in all areas of nursing to Miss Evelyn Handman; and

Dr. Michael A. Gold, Medical Director, who awarded The Hirshberg Memorial Prize for general proficiency in obstetrical nursing to Miss Linda Fishbien.

As for scholarships, Mrs. Jack Lazare (née Block) presented The Dorothy and J. Julius Block Memorial Scholarship established by the Women's Auxiliary for post-graduate study at a university to Miss Barbara Hannon.

Second year students — to graduate

next year — also took their share of the laurels:

Dr. W.R. Slatkoff, Executive Director of the Hospital, presented The Ernestine Hirshberg Memorial Prize for general proficiency in the intermediate year to Miss Suzanne Schaeffer;

Dr. Andre Aisenstadt, presented The Annie Steinberg Scholarship to Miss Dorothy Merchant; and

Mrs. M. Felsky, President of the JGH School of Nursing Alumnae, presented The Emily Hart Memorial Scholarship established by the Alumnae to Miss Miriam Furman.

Youth Clinic . . .

(Continued from page 2)

had come to the Clinic, the field workers discussed the question, agreed it was true, and eventually decided that because better quality "stuff" had been circulated this summer, fewer bad trips had been experienced throughout the city.

"We're not certain yet what a youth clinic should be," says Dr. Kravitz, "so we have to play it pretty loose. However,

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Hospital's biggest resident-intern staff yet

Ninety-one residents and twenty-eight interns joined the staff this summer to serve the Hospital for at least one year. Of these, fifty-one residents and twenty-seven interns appear to be Canadians (with thirty-six and twenty-three, respectively, from McGill University) while the remainder, from all five continents, come from Argentina, Bolivia, Chile, China, Egypt, France, Greece, India, Iran, Israel, Lebanon, Mexico, the Philippines, Scotland, Spain, the United States and Yugoslavia.

The residents are: in the Department of Anaesthesiology: Drs. J. Pelausa, A. Trinidad; in Gastro-enterology; Dr. F. Wuerth; in Medicine: Drs. H. Chang, C. Palad, M. Ross, G. Rothman, H. Friedman, M. Israel, H. Kreisman, P. Lipes, H. Rabinovitch, H. Stalzman, N. Wiesenthal, J. Wise, J. Wyndowe; in Neurology Drs. C. Melmed, J. Varakis; in Obstetrics and Gynecology: Drs. S. Javanmardi, Guimond, Lalonde, Koby, Gauthier, Pilorge, Fournier; in Ophthalmology: Drs. D. Svarc, M. Eshaghain, J. Rosen; in Orthopedics: Dr. S. Harvey; in Pathology: Drs. S. Sivasubramanian, A. Tejedor, L. Vilain, A. Bishay, K. Stein; in Pediatrics: Drs. V. Khediguian, S. Saigal; in Psychiatry: Drs. J.-C. Crombez, R. Lajoie, T. Milet, G. Perreault, R. Poitras, J. Remillard-Beaudry, J. Cuthill, T. Dow, K. Geagea, M. Miller, J. Paris, B. Presser, M. Salib, R. Shepherd, J. Zambrana, G. Zimmerman, A. Finkelstein, A. Hausfather, E. Brahm, S. Imbert, G. MacLean; in Radiology: Drs. B. Hyams, M. Rosenbloom, E. Saibil, D. Shuster, N. Fox, S. Share, D. Tspiras, J. Cassoff; in Surgery: Drs. A. Dominguez-Perez, J. Rodriguez, M. Zfaz, R. Bendavid, B. Pupilampu, P. Vogt, M. Khadilkar, I. Kuzmarov, F. Simon, S. Ballon, D. Burke, O. Fried, W. Goldstein, R. Krasnick, M. Mazer, M. Mendelsohn, J. Rothschild, M. Schacter; in Dentistry: Drs. I. Katz, A. Wexler; in Urology: Drs. J. Firzst, G. Reisner.

The inters are: in "straight medicine": Drs. M. Kaback, R. Lisbona, D. Lowe, M. Mindel, H. Ryback, J. Tarder; in "straight surgery": Drs. M. Beer, A. Finesilver, M. Flanders, J. Hendelman; "rotating": Drs. L. Beaudry, J. Cheng, A. Danson, T. Hicks, A. Hister, P. Lefort, A. Luterman, L. Riven, N. Rosen, G. Sabourin, M. Shore, W. Silver, M. Sucharov, N. Trister, N. Wolmark; "mixed": Drs. R. Fenster, C. Spector, and J. Zeltzer.



Gynecologic Endocrinology was the theme of the JGH's 7th annual Clinical Day held in the Block Amphitheatre October 28th under the auspices of Dr. Andre Aisenstadt, President of the Hospital. Above, Dr. Michael A. Gold, Medical Director, in white gown, hosts the guest lecturers who are, from the left, standing: Dr. Hilton A. Salhanick, Professor of Obstetrics and Gynecology, Harvard University, who spoke on *Oral Contraceptives — Metabolic and Epidemiologic Considerations*; Dr. Norbert Freinkel, Kettering Professor of Medicine and Chief, Section of Endocrinology and Metabolism, Northwestern University, who spoke on *Changes in Intermediary Metabolism during Pregnancy: A Clue to Diabetogenesis*; Dr. A. Kahn, Associate Physician, JGH Department of Medicine; Dr. Akira Morishima, Associate Professor of Pediatrics, College of Physicians and Surgeons, Columbia University, who spoke on *The Interrelationship of Sex Chromosome Constitution and Phenotype in the Syndrome of Gonadal Dysgenesis and its Variants*. Seated are, from the left: Dr. Mortimer Lipsett, Associate Scientific Director for Reproductive Biology, NICHD, National Cancer Institute, Bethesda, who spoke on *Androgen Metabolism in Women: Physiology and Pathology*; and Dr. Jay Gould, Associate Professor of Medicine, Northwestern University Medical School, Chicago, who spoke on *Hirsutism and Virilism — Causes and Treatment*. Missing from the photo is Dr. Raymond Vande Wiele, Professor of Obstetrics and Gynecology, College of Physicians and Surgeons, Columbia University, who spoke on *Newer Methods of Induction of Ovulation*.



Mr. Morris L. Jesion joined the Hospital staff as Administrative Assistant June 15th. Having obtained his B.Sc. from McGill in 1968, and a post-graduate degree in Hospital Administration from the University of Toronto in 1970, he served his administrative residency in the Greater Niagara Hospital, Niagara Falls, Ontario.

Mr. Jesion became a nominee of the American College of Hospital Administrators September 13th.

Youth Clinic . . .

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we do feel that it should provide (a) facilities whereby youth can describe the problems they have rather than what their parents think they have, (b) emergency services to both youngsters and parents to help solve short-term problems, (c) referral facilities to health services, (d) contraceptive advice if sought and, above all, (e) reach out to youth instead of waiting passively for them to come in. Clinics without this last facility will fail."

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In July, Dr. Kravitz presented a diagram of comprehensive services to the LeDain Royal Commission on Drugs. Stating that they had seen nothing like it on their cross-country tour, the Commissioners expressed great interest in it, and offered to support its need for funds to mount its pilot project.