



## PRIMARY CARE NURSE PRACTITIONER (PCNP) IN THE FMG

The primary care nurse practitioner (PCNP) works independently, but in partnership with one or more family doctors to ensure the care and follow-up for patients of all ages. In addition to her/his experience as a nurse practitioner, the PCNP is authorized to perform anamnesis and a complete physical exam for her/his patients, as well as exploring diagnostic hypotheses and prescribing diagnostic exams and pharmacologic and non-pharmacologic treatments, while respecting the limits of her/his professional field of practice.



TYPES OF INTERVENTIONS	SPECIFICS
<p><b>Monitoring chronic health problems in collaboration with the doctor-partner</b></p> <p>Clients of all ages Individual or family consultations 30 to 60 minutes</p>	<p>Stable chronic health problems: diabetes, high blood pressure, dyslipidemis, mental health problems, chronic obstructive lung disease (COLD), asthma, coronary disease, etc.</p> <ul style="list-style-type: none"> <li>performs anamnesis based on the signs and symptoms of the disease and possible complications</li> <li>performs the physical exam appropriate for the state of health of the patient</li> <li>prescribes diagnostic examinations</li> <li>repeats or adjusts medication</li> <li>plans clinical appointments with the doctor-partner, in case of increasing severity or instability of a disease</li> </ul>
<p><b>Punctual interventions for common health problems</b></p> <p>Adapted or walk-in access Clients of all ages Individual consultations 30 to 45 minutes</p>	<ul style="list-style-type: none"> <li>anamnesis</li> <li>performs targeted physical examinations</li> <li>explores differing diagnostic hypotheses</li> <li>plans clinical appointments with the doctor-partner when the evaluation does not allow her/him to clearly identify the most probable diagnostic hypotheses</li> <li>prescribes and interprets the results of diagnostic examinations</li> <li>prescribes pharmacologic and non-pharmacologic treatments</li> <li>uses invasive techniques</li> <li>prescribes absence from work &lt; 1 month (with the exception of CSST/SAAQ)</li> </ul> <p>The modalities of taking charge of the care and monitoring are provided for in the partnership agreement with the doctor.</p>
<p><b>Pregnancy</b></p>	<ul style="list-style-type: none"> <li>follows up until the 32<sup>nd</sup> week</li> <li>follows up after the 32<sup>nd</sup> week in collaboration with the doctor-partner, according to a specific internal agreement</li> </ul>
<p><b>Pediatrics</b></p>	<ul style="list-style-type: none"> <li>performs periodic examinations for children 18 years old and younger</li> </ul>
<p><b>Prevention clinic</b></p>	<ul style="list-style-type: none"> <li>performs preventive activities according to guidelines in effect</li> </ul>