



The primary care nurse practitioner (PCNP) works independently, but in partnership with one or more family doctors to ensure the care and follow-up for patients of all ages. In addition to her/his experience as a nurse practitioner, the PCNP is authorized to perform anamnesis and a complete physical exam for her/his patients, as well as exploring diagnostic hypotheses and prescribing diagnostic exams and pharmacologic and non-pharmacologic treatments, while respecting the limits of her/his professional field of practice.

TYPES OF INTERVENTIONS	SPECIFICS
<b>Monitoring chronic health problems in collaboration with the doctor-partner</b> Clients of all ages Individual or family consultations 30 to 60 minutes	Stable chronic health problems: diabetes, high blood pressure, dyslipidemis, mental health problems, chronic obstructive lung disease (COLD), asthma, coronary disease, etc. <ul style="list-style-type: none"> <li>performs anamnesis based on the signs and symptoms of the disease and possible complications</li> <li>performs the physical exam appropriate for the state of health of the patient</li> <li>prescribes diagnostic examinations</li> <li>repeats or adjusts medication</li> <li>plans clinical appointments with the doctor-partner, in case of increasing severity or instability of a disease</li> </ul>
<b>Punctual interventions for common health problems</b> Adapted or walk-in access Clients of all ages Individual consultations 30 to 45 minutes	<ul style="list-style-type: none"> <li>anamnesis</li> <li>performs targeted physical examinations</li> <li>explores differing diagnostic hypotheses</li> <li>plans clinical appointments with the doctor-partner when the evaluation does not allow her/him to clearly identify the most probable diagnostic hypotheses</li> <li>prescribes and interprets the results of diagnostic examinations</li> <li>prescribes pharmacologic and non-pharmacologic treatments</li> <li>uses invasive techniques</li> <li>prescribes absence from work &lt; 1 month (with the exception of CSST/SAAQ)</li> </ul> <p>The modalities of taking charge of the care and monitoring are provided for in the partnership agreement with the doctor.</p>
<b>Pregnancy</b>	<ul style="list-style-type: none"> <li>follows up until the 32<sup>nd</sup> week</li> <li>follows up after the 32<sup>nd</sup> week in collaboration with the doctor-partner, according to a specific internal agreement</li> </ul>
<b>Pediatrics</b>	<ul style="list-style-type: none"> <li>performs periodic examinations for children 18 years old and younger</li> </ul>
<b>Prevention clinic</b>	<ul style="list-style-type: none"> <li>performs preventive activities according to guidelines in effect</li> </ul>