INFORMATION FOR OUR PARTNERS

SITUATION AND INSTRUCTIONS

➢ Epidemiological Data
  o In Québec: 56,859 confirmed cases, of which 5,636 deaths (July 15)
  o Charts, CIUSSS for West-Central territory (July 12)
  o Montréal Island, boroughs and cities (July 14)

➢ Mask or face cover in public places for persons 12 years and older
  o New: Mandatory in public transportation since July 13
  o New: Will be mandatory in closed or partially covered public places as of July 18

➢ Resumption of activities
  o New: As of July 18, private employers whose staff used to work at home will be able to authorize a return of their staff to achieve a maximum occupancy rate of 25% per company. Note that this rate is a maximum and not an objective to be reached.
  o Recovery in all sectors except festivals, major events and regular holiday camps with stays
  o Reopening of amusement parks, water parks, spas, casinos, gaming houses and bars with restrictions
  o Private gatherings are limited to 10 people from 3 different households. Public gatherings are limited to 50 people.
  o More information: MSSS website

COVID-19 Testing Clinics
  o New: opening on July 16, walk-in testing clinic in Outremont
  o Coming soon: starting July 20, walk-in testing clinic in Parc-Extension
  o Coming soon: starting July 22, walk-in testing clinic in Côte-des-Neiges (*currently available by appointment. On July 22, both types of clinics will be operational)

COVID-19 Prevention Team
  o New: The CIUSSS will offer its partners—including day camps, schools and day care centres, as well as community organizations—support and guidance to help prevent the spread of the virus. Partners are invited to contact them at (514) 731-1386, # 7015, or at: brigadesantepublique.ccomtl@mssss.gouv.qc.ca
  o Prevention Team website

Flu Vaccination
  o New: There will be no mass vaccination clinics for the 2020-2021 season. The CIUSSS will offer vaccination clinics by appointment only. More details will follow in September at ciussscentreouest.ca/vaccination
COMMUNITY

➤ Extreme Heat
  o List of aquatic facilities and air-conditioned locations on the Island of Montréal
  o What to do when it’s really hot: documents, posters and audio capsule in 16 languages
  o People in home isolation can go outdoors if it’s too hot inside their homes. However, they must wear a procedure mask or face covering and follow strict instructions
  o Montréal’s health and social services network is asking the citizens to check in on vulnerable family members and friends, and to call 811 if a person seems to be in distress.

➤ Deconfinement of community organizations
  o The webinar, the Power Point presentation and the document « Des réponses à vos questions » from the DRSP, in both languages, are online. See tab « Pour les organismes communautaires » / « Déconfinement ».

➤ Psychological First Aid
  o Webinar « Premiers secours psychologiques en logement social et communautaire pour réduire la détresse en contexte de pandémie » 44 minutes

➤ Status of community organizations
  o Please communicate any changes on the functioning of your organization to the following address edition@211qc.ca

➤ Emergency Community Support Fund (ECSF)
  o Call for projects from Centraide for the last phase of ECSF
    - 1/ For projects developed at the neighbourhood, city or municipal level to help the community network. 2/ Projects dedicated to a target population that is at risk of social exclusion
    - Deadline : August 14, at 5 :00 p.m.
    - Formulaire

➤ Fonds d’initiative et de rayonnement de la métropole of the Ministère des Affaires municipales et de l’Habitation (MAMH)
  o Call for projet Initiatives pour une métropole résiliente

SUPPORT RESOURCES

➤ COVID-19 Support line, CIUSSS for West-Central. Tél. : 514 293-1536 ou 514 267-7912

➤ Psychosocial support line for employees of the CIUSSS and community organizations of the West-Central territory. Tel. : 514 265-6588, Monday to Friday, 8 a.m. to 8 p.m., Saturday & Sunday, 8 a.m. to 4 p.m.

➤ Tele-psychotherapy for professionals of community organizations (Up to 3 free sessions offered by Pro-Gam). Contact 514 270-8462 or info@pro-gam.ca.

➤ Support lines and resources

➤ Community resources for families

➤ Psychosocial tools
ADDITIONAL TOOLS

- Advices and preventive measures:
  - Résumé des directives ministérielles – cliniques et fonctionnelles
  - Recommandations interministérielles - santé des travailleurs (INSPQ)
  - Outils d’information du MSSS
  - Directives interministérielles concernant les marchés publics (Fr)
  - Directives interministérielles pour l’accès aux jardins communautaires et collectifs (Fr)
  - Guidelines for caregivers
  - Instructions for housing organizations (Fr only)
  - Instructions for out-of-home respite services (Fr only)
  - Instructions for seniors’ home and living environment (Fr only)
  - Mesures pour la gestion des cas et contacts dans la communauté (INSPQ)
  - Recommandations pour la levée des mesures d’isolement dans la population générale

- Communication:
  - Multi-lingual resources available on this document and translation of government infographic sheets
  - SIARI : Translating services available for urgent situations

- Community organizations:
  - A guide on good practices for moving out
  - A guide for gradual resumptions of community organizations activities
  - A tool from CTROC : How and when to deconfine
  - Best practice Guidelines for Screening Volunteers
  - Formations pour les partenaires de services hors-réseau (FCP) (Fr)
  - Guide for partners working with vulnerable populations (Fr)
  - The most frequent questions from community organizations (Fr only)

- Deconfinement and resumption of activities
  - CNESST : Tools for return to work in several environments
  - Day camps : Troux des outils camps de jour / Guide de relance des camps de jour
  - Decision support tool for youth activities
  - Documentation en soutien aux milieux de garde (Fr)
  - Un fouleuil sur les mesures de Santé Publique
  - Schools : Cadre de gestion des éclissions en milieu scolaire / Mesures sanitaires pour le retour à l’école en contexte de COVID-19 – Écoles spécialisées
  - Recommandations pour la reprise des activités des organismes communautaires impliqués dans la lutte au décrochage scolaire dans la région montréalaise
  - Santé au travail : recommandations spécifiques aux milieux

- Educative resources: L’École ouverte / Succès scolaire / CSMB / EMSB

- Healthcare:
  - Access to care depending on your status (Summary)
  - Access to health care according to RAMQ coverage status - Q&A
  - Breastfeeding : Information available
  - Contacts for Guichets d’accès en santé mentale
  - Consult the opening hours of the CLSCs and hospital collection centers
  - Domestic Violence : LHEA trajectory
  - Online prenatal lessons available on our Youtube channel
  - Psychosocial tools: Consult the list of tools
  - Q&A Transmission of COVID-19 in indoor environments
  - Self-care Guide to make the best decisions to protect your health and health of others

- Housing / Moving out
  - Feuillet sur le déménagement (DRSP)
  - Guidelines for extermination during COVID-19 period
  - Information to owners and residents of 10 residential buildings with 10+ units
  - A guide on good practices for moving out (Fr only)

- Protective equipment:
  - Capsule : Comment porter le masque, la blouse et les gants (Fr only)
  - Capsule : L’hygiène des mains avec une solution hydro-alcoolique (Fr only)
  - Capsule : How to make a face covering
  - Capsule : How to use a face covering or a mask
  - Le port du couvre-visage (version simplifiée) (Fr)
  - Q&A Port du couvre-visage (Fr)
  - Wearing personal protective equipment for OC (Fr / Eng)
  - Reuse of the procedure mask
  - The MSSS website
  - Wearing a face covering in public

More advices and preventive measures are available on Santé Montréal and the INSPQ web site.

For any concerns, community organizations can contact the DRSP COVID guard at 514 528-2400 or serviceregional.csamt@ssss.gouv.qc.ca.

SOURCE: This document has been produced by the CIUSSS Centre-Ouest-de-l’Île-de-Montréal based on the actual knowledge of COVID-19. It will be updated regularly.