STATUS REPORT – APRIL 16TH, 2020, 14H30

- **Global situation**: 2,145,552 confirmed cases, 144,110 deaths;
- In Canada: There are 29,925 confirmed cases, 1,240 deaths;
- In Québec: There are 15,857 confirmed cases, 630 death. For Montreal, follow [this link];
- Closed until further notice: All schools, daycare services and all non-essential services are closed until May 4th or later. Temporary changes to hours and days of admission are in effect in commercial establishments. To find out what is open or closed, consult [this tool] or the list of essential services.

**CURRENT REGULATIONS**

- **Symptoms of COVID-19**: 1 877-644-4545 or 514 644-4545 (Montreal) in order to obtain an appointment in a designated area. **Home screening** is available for people who cannot move to a clinic and who meet certain criteria, contact 8-1-1 for more information. For information on screening clinics, consult the Santé Montréal website;
- In case of doubts, use this COVID-19 Symptom Self-Assessment Tool;
- All non-necessary interior and exterior gatherings are prohibited. Fines will be given to offenders;
- Follow Community-based measures and sanitary guidelines all times;
- Isolation and distancing: Social distancing is the safest way to protect yourself and others. All Quebecers should isolate at home, as much as possible. If you may have been in exposed, if you have travelled or if you are sick or waiting for test results, you have to isolate 14 days. For instructions, follow the 3 links above;
- Outings and travels: All non-essential travels are prohibited. Avoid travelling between regions of Quebec, some main roads leading to vulnerable regions have checkpoints;
- People over the age of 70 should not leave their home. To protect them, visits and outings are prohibited in senior residences, except for caregivers.

**NEWS FOR OUR PARTNERS**

- Within our CIUSSS:
  - CHSLD: Weekly visits and call are made to our senior’s residences to ensure compliance with preventive measures and the safety of the residents. In addition, caregivers are now allowed to offer their support to a resident, subject to certain conditions. [See attached documents];
  - Reduction in the hours of operation of the CLSCs and hospital collection centers. Some tests are also suspended or postponed, [consult the list];
  - Designated COVID-19 clinic at Mall Cavendish will be moved closer to the Jewish General Hospital. This clinic is only available with a doctor reference for users with COVID-19 + or similar symptoms that need to consult a doctor in person;
- Bloc Operation: Regional awareness campaign targeting owners and tenants in building of 10+ apartments. [Posts] have been reviewed;
- Denunciation: Gatherings or non-compliance with health and distancing instructions can be reported directly on the [SPVM website];
- Food security: Local food security units are currently being set up in all the districts in order to ensure concerted work. If your organization wants to be involved, communicate with your Table de quartier;
- Funding through measures 3.1/4.2: A letter addressed to community organizations;
- Loss of income:
  - Incentive program for the retention of essential workers: An extra amount is available for essential workers meeting certain criteria;
  - To help you determine what type of assistance is available for you, use the Government Assistance Programs tool or consult the Q&A document for Canada’s Economic Response Plan;
- New tools and resources:
  - Information on wearing personal protective equipment (Fr only);
- **CERDA** offers information for refugees and asylum seekers in several languages;
- Community resources for families have been updated;
- Educational resources: Consult the websites of [CSDM](#), [CSMB](#) and [EMSB](#);
- Griefed in children and adolescents (Fr only);
- Pandemic evolution scenarios (Fr only);
- Video capsules from the MSSS.

**Protective equipment:** Community organizations are invited to communicate their need at [serviceregional.ccsmtl@ssss.gouv.qc.ca](mailto:serviceregional.ccsmtl@ssss.gouv.qc.ca).

**Resources serving the homeless population:** All the documents have been added to [this Google Drive folder](#) that is regularly updated.

**SUPPORT RESOURCES**

- Psychosocial support line for employees in community organizations of Montréal: 514 284-9461, open Monday to Friday 8am to 4pm. (Available for community organizations funded by the DRSP or PSOC only);
- PRO-GAM offers up to 3 sessions of free tele-psychotherapy for professionals of community organizations. Contact 514 270-8462 or [info@pro-gam.ca](mailto:info@pro-gam.ca);
- Consult this document for a list of psychosocial resources available;
- Consult this document for community resources available for families.

**QUICK ACCESS TO ADDITIONAL TOOLS**

- Access to health care according to RAMQ coverage status - Q&A
- Centraide Emergency Fund: Consult eligibility criteria and fill the online form
- Guide for partners working with vulnerable populations (Fr only)
- Grieving: Je suis en deuil d'une ou de personnes chères en raison de la pandémie
- [Info-Social](#) sheets
- Questions & answers for municipalities
- **Self-care Guide** to make the best decisions to protect your health and health of others
- The most frequent questions from community organizations (Fr only)
- To encourage our local businesses during this difficult time: [lepanierbleu.ca](http://lepanierbleu.ca);
- Toolkit for the identification of people at risk of psychosocial vulnerability;
- Training: Premiers secours psychologiques – Réduire la détresse associé au COVID-19
- Volunteers: To offer your help or post your needs - [lebenevole.ca](http://lebenevole.ca)

**Multi-lingual information :**

- About Coronavirus Disease
- General information in Inuktitut
- General information on COVID-19
- Immigration Status and Access to Healthcare
- Protect yourself from COVID-19 – Basic instructions
- Staying at home means saving lives
- Advice for caregivers
- How to isolate at home
- Preventing COVID-19 in the workplace
- Reduce the spread of COVID-19 – Wash your hands
- Know the facts – COVID-19
- Be prepared COVID-19
- A Pan-Canadian response to COVID-19

Advice and preventive measures for community are available on **Santé Montréal** and the **INSPO web site**.

For any concerns, community organizations can contact [serviceregional.ccsmtl@ssss.gouv.qc.ca](mailto:serviceregional.ccsmtl@ssss.gouv.qc.ca).

For any service modifications within your organizations, please inform **Le Centre de référence du Grand Montréal** with this email: [edition@211qc.ca](mailto:edition@211qc.ca).

**SOURCE**

This document has been produced by the CIUSSS Centre-Ouest-de-l’Île-de-Montréal based on the actual knowledge of COVID-19. It will be updated regularly.