INFORMATION FOR CAREGIVERS

The virus that causes COVID-19 spreads from person to person, which means it is possible that you could be infected, as well.

Please RETURN HOME if you:

• feel sick
• have travelled outside Canada within the past 14 days
• had contact within the past 14 days with someone who has or is suspected of having COVID-19

Please follow these instructions for the SAFETY of yourself and those around you.

IF YOU DO NOT RESPECT THESE PREVENTION MEASURES, YOU MAY BE ASKED TO LEAVE.

Check with a member of staff before you enter the room. You MUST remain in the same room as your relative.

Please follow the instructions on putting on and taking off protective equipment, as indicated on the posters in the units.

MONITOR YOUR OWN HEALTH

Watch for:

• fever
• new or worsening cough, shortness of breath, difficulty in breathing
• loss of taste and/or smell
• abdominal pain, diarrhea, nausea, vomiting, significant loss of appetite
• sore throat, nasal congestion
• muscle aches, fatigue

If you develop any of the above symptoms, call 1-877-644-4545

Infection Prevention and Control, October 2020