

What to do after getting vaccinated against COVID-19

What to do just after the vaccination

Wait 15 minutes before leaving the vaccination site.

If you develop an allergic reaction, the symptoms will show up a few minutes after you are vaccinated.



If you are not feeling well, immediately inform the person who vaccinated you. They will treat you on site.

Symptoms you may have after vaccination

You may have some light or moderate symptoms after being vaccinated. They may last a few days. Possible symptoms include:

Pain at the injection site



Fatigue



Fever and chills



Up to now, **no severe secondary effects** have been identified with COVID-19 vaccines approved by Health Canada.

What to do when you get home

If you develop **redness, pain or swelling** at the injection site, apply a **moist cold compress**.



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When to consult

Consult your doctor or call 8-1-1 if you:

- have severe or unusual symptoms.
- your symptoms worsen instead of improving.
- your symptoms last more than 48 hours.



Maintain public health measures

The vaccine's effectiveness begins after 14 days. As well, in order to achieve herd immunity a large part of the population must be vaccinated.

It is therefore important to maintain these protective measures:

2 meters physical distancing



Frequent hand washing



Wearing a mask



Testing

If you have COVID-19 symptoms, make an appointment to be tested, isolate yourself, and follow public health measures.

