

Département régional de médecine générale de Montréal

PRESS RELEASE

Towards a return to a new normal in medical activities **“Family physicians are reaching out to you!”**

Montreal September 8, 2021 – With the return to a new pandemic normal for medical activities in family medicine clinics and groups (FMG), the Montreal Regional Department of General Medicine (RDGM) is asking members of the public not to hesitate to consult their family doctor.

“Family physicians are reaching out to you! Patients of all ages who need a regular follow-up or who wish to consult their doctor for a specific health problem should not hesitate to go to the medical clinic they went to before the pandemic. I wish to remind the public that FMGs and medical clinics must remain the first gateway to the Montreal health network,” declared Dr. François Loubert, head of the Montreal RDGM.

Clients who do or do not have a family doctor can, for example, consult [Rendez-vousanté Québec](#) (RVSQ), which can identify facilities that offer time slots without an appointment near a patient’s home.

For non-urgent health problems, patients can call 811 (*Info-Santé*). In addition, *Services Québec* (1-877-644-4545) can direct patients to the proper resources.

Since September 6, patients who do or do not have flu-like symptoms can visit their physicians at their usual place of care. Previously, patients were referred to either hot or cold clinics, as warranted.

About the Montreal RDGM

The Montreal RDGM includes some 2,580 family physicians practicing on the island of Montreal, representing 25% of all family physicians in Quebec. These healthcare professionals practice, among other places, in one of 350 medical clinics or 80 FMGs of the Montreal area.

For an interview request with Dr. François Loubert, please contact:
david.penven.ccomtl@ssss.gouv.qc.ca