Loss is an undeniably painful and difficult experience. Although time may help ease the pain, the grieving process is different for everyone. In recognition of Perinatal and Infant Loss Awareness Day, a commemorative tree—a symbol of strength—was planted on hospital grounds in memory of these losses and to acknowledge the grief that accompanies them.

Again this year, the Perinatal Loss Committee of the Jewish General Hospital (a member facility of CIUSSS West-Central Montreal) invites you and your loved ones to an intimate gathering where we hope you will find comfort in knowing that you are not alone.

Due to the COVID-19 pandemic, the event will take place via Zoom. To join us, please RSVP to Louna Kadoch at **514-340-8222, ext. 25309,** or **plcjgh@gmail.com.**

We hope to see you on October 15.

Sincerely,

The Perinatal Loss Committee