

# The basics of searching biomedical databases



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# Learning Outcomes

## **At the end of this workshop you will:**

- Be familiar with the difference between using subject headings and keywords when searching
- Be familiar with the basics of searching databases like CINAHL and PubMed using subject headings and keywords.
- Be able to search these databases and locate evidence to answer PICO questions.



# Agenda

How to search Cinahl, Medline (Pubmed) and Pubmed Clinical queries

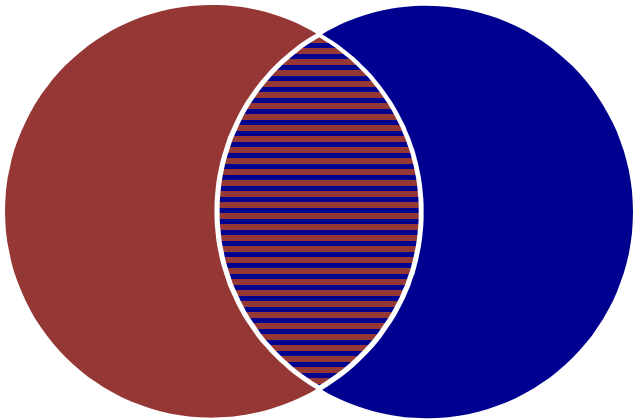
- Search tips

Demo & hands on

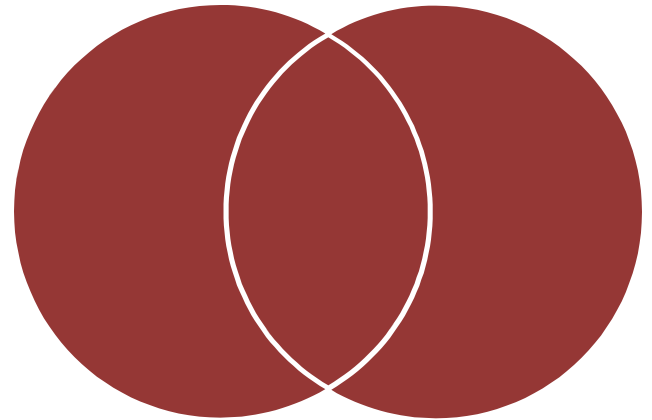
- Searching the databases:
  - Cinahl- Demo
  - Cinahl- Hands on
  - Pubmed - Demo
  - Pubmed - Hands on
  - Google Scholar – Hands on

# Searching the Literature - Tips

# Boolean operators

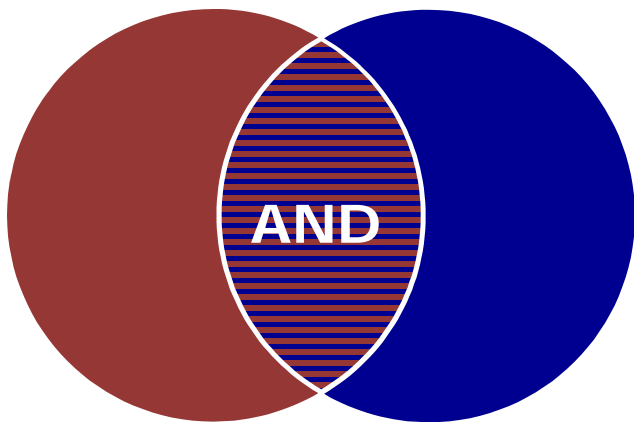


**AND** = every reference contains **both (or all)** of the search terms specified (smallest no. of results)

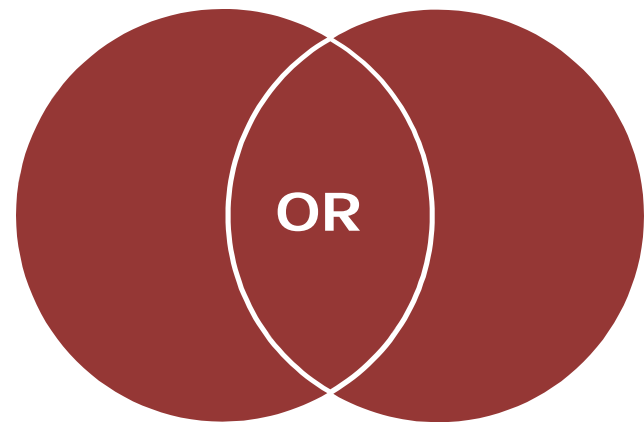


**OR** = every reference contains **at least one** of the search terms (largest no. of results)





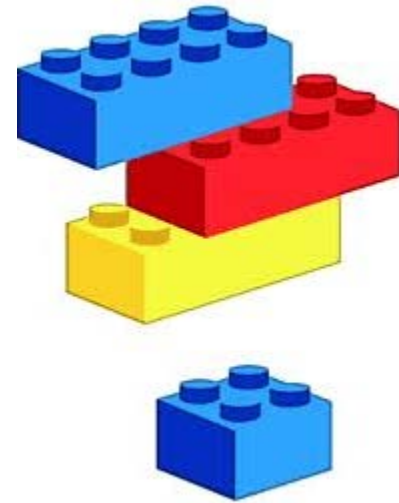
**Documents discuss both  
Stress AND Anxiety**



**Documents discuss  
Stress OR Anxiety**

# Subject headings vs keywords:

- Subject headings work like building blocks: take one concept at a time and build your search
- Keywords work like the ingredients of a soup: throw in a bunch of concepts and see how it turns out



# Subject headings

- Subject headings are a controlled vocabulary used to index contents in different databases
  - **MeSH** – medical - Used in Medline (Pubmed and OVID)
  - **CINAHL** – nursing and allied health
  - **EMTREE** – Embase (pharma)
  - etc...





# Subject headings are organized in a hierarchical tree:

MeSH Tree Structures

## [Health Occupations \[H02\]](#)

[Acupuncture \[H02.004\]](#)

[Allied Health Occupations \[H02.010\] +](#)

[Biomedical Engineering \[H02.070\]](#)

[Chiropractic \[H02.110\]](#)

[Dentistry \[H02.163\] +](#)

[Environmental Health \[H02.229\] +](#)

[Evidence-Based Practice \[H02.249\] +](#)

[Health Services Administration \[H02.269\]](#)

[Hospital Administration \[H02.309\]](#)

[Medical Illustration \[H02.385\]](#)

[Medicine \[H02.403\] +](#)

[Mortuary Practice \[H02.438\]](#)

► [Nursing \[H02.478\]](#)

[Evidence-Based Nursing \[H02.478.197\]](#)

[Nursing Research \[H02.478.395\] +](#)

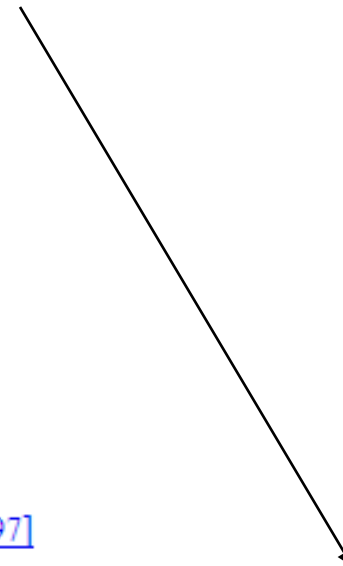
[Nursing Theory \[H02.478.408\]](#)

[Specialties, Nursing \[H02.478.676\] +](#)

[Nursing, Practical \[H02.495\]](#)

[Nutritional Sciences \[H02.533\] +](#)

**Broad (general)**



**Narrow (specific)**

# Subject headings cont...

- All synonyms included under one term so all articles about x are found using one subject heading i.e. what is the article about?
- Can usually have more control and limit search more effectively
- **Note: many concepts have not been given subject headings**



# Subject headings cont...

- Subject headings should not be confused with subheadings!
- Subheadings are assigned to each subject heading according to relevance and can be used to limit your search. For example in Cinahl:

The screenshot displays the Cinahl interface for the subject 'stroke'. It is divided into two main sections: 'Results For: stroke' on the left and 'Subheadings for: Stroke' on the right.

**Results For: stroke**

Instructions: Check box to view subheadings. Click linked term for tree view.

	Explode (+)	Major Concept	Scope
<input checked="" type="checkbox"/> <a href="#">Stroke</a>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> <a href="#">Stroke Units</a>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> <a href="#">Stroke Patients</a>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> <a href="#">Heat Stroke</a>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> <a href="#">Stroke Volume</a>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> <a href="#">Stroke, Lacunar</a>	<input type="checkbox"/>	<input type="checkbox"/>	

**Subheadings for: Stroke**

☒ **Include All Subheadings**  
Or select one or more subheadings to restrict your search

- ☐ [Blood/BL](#)
- ☐ [Cerebrospinal Fluid/CF](#)
- ☐ [Chemically Induced/CI](#)
- ☐ [Classification/CL](#)
- ☐ [Complications/CO](#)

# Other ways to limit your search

- Add another concept to your search
- Use limits provided by the database such as:
  - Age
  - Date
  - Publication type
  - Language
  - Journal subset
- Use a filter such as Pubmed Clinical Queries
  - TIP: Copy and paste your Pubmed search into the search box

# Keywords

- Keywords are words that appear in the text.
  - Does this word appear in the title, or abstract?  
(resources rarely search full text)
- Author's terminology - must search each synonym so all articles about x are found using x, y, z, etc.
- Can find concepts not indexed as subject headings i.e "72 hours"
  - **Important: Many concepts must be searched using keywords as they have not been given subject headings**





# Important Note:

- You will be using keywords to “map” to Subject headings in Cinahl and Pubmed (Medline)
- In other words...
  1. You type in your keyword: cancer
  2. Database suggests the best Subject Heading: neoplasms

## Used For:

neoplasms  
neoplasm  
tumors  
tumor  
benign neoplasms  
neoplasms, benign  
benign neoplasm  
neoplasm, benign  
cancer

# Tips for good searching

- Start broad and then narrow search using subheadings and limits if needed
- Save your search history – it can be used to inform a search in another resource
  - key words & synonyms
  - subject headings
- If you have too few results broaden your search by combining Subject Headings AND keywords
- Try search again with a fresh mind



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# Remember!

- A JGH Librarian is available to provide one-on-one instruction
  - Francesca Frati, local 2438, [ffrati@jgh.mcgill.ca](mailto:ffrati@jgh.mcgill.ca)
  - Jacynthe Touchette, local 2453, [jtouchette@jgh.mcgill.ca](mailto:jtouchette@jgh.mcgill.ca)
- Tutorials are available 24/7
  - [JGH.ca/HSL](http://JGH.ca/HSL) > Subject Guides or
  - [JGH.ca/HSL](http://JGH.ca/HSL) > Instruction > Workshop presentations & Handouts



# THANK YOU!



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