

# Q&A – Learn & Play VR

## What is the Learn & Play VR activity?

Learn & Play VR is a monthly open exploration virtual reality activity, organized by the Lending Desk to build an optimal and meaningful use of VR with the community within the CIUSSS. Each month, one or two applications from the VR catalog are highlighted through a short presentation, a demonstration, and time for free independent exploration.

## Why do we organize Learn & Play VR activities?

Learn & Play VR was created to allow the CIUSSS community to:

- **Easily discover virtual reality**, even with no prior experience.
- **Explore health-related applications** linked to training, simulation, and improvement of practices.
- **Test innovative equipment and share ideas** to help guide the development of the VR catalog.

## Who can participate?

**All CIUSSS staff members** are welcome.

*No VR experience is required.*

## How do I register for a Learn & Play VR session?

Registration is online via the **link provided in the internal bulletin announcement**, usually published about two weeks before each session.

Learn & Play is offered **every month**.

## How much time should I plan for the activity?

The activity runs from **11:45 AM to 1:30 PM**, and you may participate at any time based on your availability.

Each application requires **approximately 10 to 15 minutes of independent exploration**.

## **Can I borrow a headset after the activity?**

Yes.

You can submit a loan request directly on site or consult the full borrowing procedure through the Loan Desk.

## **Is it possible to organize a Learn & Play session for my team or department?**

Yes.

The Loan Desk can offer:

- an internal session,
- a targeted demonstration,
- or personalized support based on your needs.