

PRE-SURGICAL SCREENING CLINIC PATIENT INSTRUCTIONS

APRIL 2024

DAY BEFORE YOUR SURGERY



Hôpital général juif
Jewish General Hospital

DATE OF SURGERY : _____

THE DAY BEFORE THE SURGERY, someone from the hospital will call to inform you of the time of your surgery and the time that you should arrive at the hospital. The call will be made after 10:30 on Monday to Friday. If your surgery is scheduled on a Monday, you will be called on the Friday before.

If you do not receive a phone call from the hospital by 17:00 the day before the surgery, call the perioperative unit at extension 24324 or call the admitting office at extension 28211.

DIET

Do not eat any solid foods after midnight

or

Do not eat solid foods after midnight and follow the instructions below:

- On the evening before your surgery, please drink approximately 800 mL (4 glasses) of apple juice between 18h00 and 22h00.
- On the morning of surgery, please drink 400 mL (2 glasses) of apple juice 2 hours before your surgery.

SHOWER INSTRUCTIONS

You must take 2 showers. On the evening before your scheduled surgery, wash with the antiseptic soap that you were asked to buy from the pharmacy. You should only wash your hair the evening before and do not use conditioner. Do not use cream, deodorant, perfume or after shave. It is recommended that you sleep in clean sleepwear and bed linen. On the morning of your surgery, take another shower with the antiseptic soap and follow the same instructions as the night before.

PRESURGICAL SCREENING CLINIC

For emergencies or questions, please reach us at:

514 340-8222 EXT 28548 or 28547 or 22118

Centre intégré
universitaire de santé
et de services sociaux
du Centre-Ouest-
de-l'Île-de-Montréal

Québec

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ON THE MORNING OF THE SURGERY

You can drink a small amount of water with your medications on the morning of surgery as instructed by your Specialist Doctor, the Pre-Surgical Screening Doctor, or your Surgeon. You can also brush your teeth. Please remove all nail polish on fingers and toenails. Do not wear makeup.

WHERE TO GO

Enter through the LEGARE entrance and follow the directions for the Perioperative Unit, on the first floor of PAVILLON K (K1). Register at the reception desk. Your family can wait with you until you are called in for surgery. The nurse in the Perioperative Unit will help you prepare for surgery.

Once ready, you will be transported on a stretcher to the Operating Room. Your family can wait in the family waiting room in the Perioperative Unit. They can track how your care is progressing on a television screen with a number given to them by the receptionist.

After your surgery, you will be transferred to the Recovery Room, where the recovery staff will monitor you closely for a short time. Once you are ready, you will be transferred to an inpatient unit where your family will be able to visit. Your surgeon will try to speak to you and/or your family in the Perioperative waiting room, if time permits.

WHAT TO BRING TO THE HOSPITAL

- Shoes with rubber soles,
- Bathrobe/housecoat, pyjama/night gown
- Toothbrush, toothpaste
- Hairbrush/comb
- Personal toiletries, lotions, Kleenex tissue etc
- Readings material
- Hospital card, Medicare card
- Small amount of money (if desired)

Do not bring valuables, jewellery, electronics, laptop, cellphones or large amounts of money.

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