**Rapid Investigation Clinic**

514-340-8222, ext 27300
Monday to Friday
8:00 AM - 4:00 PM
Closed on weekends and statutory holidays

**Guichet.investigation.comtl@ssss.gouv.qc.ca**

You were referred to the Pulmonary Rapid Investigation Clinic of the Jewish General Hospital (JGH) because your doctor or nurse practitioner (NP) wants to further investigate the finding of a lung nodule on your most recent images: Chest X-Ray (CXR), Computerized Tomography chest (CT-scan). The Rapid Investigation Clinic will organize testing and a consultation with a JGH pulmonary specialist. The screening process may worry you and even cause you some anxiety. This is normal. Your well-being is our priority. We are committed to providing high-quality care. If you have any questions or concerns, please contact us by phone or e-mail.

**Mission**
The Rapid Investigation Clinic was set up to ensure patients have rapid access to consultations with doctors, nurses, or specialists for a timely diagnosis. The ultimate aim of the Rapid Investigation Clinic is to shorten the investigation/work up to obtain a diagnosis in a timely manner. The clinic ensures that the requested examinations are carried out and promotes optimal coordination of the investigation.

**Signs and Symptoms**
Most people with lung nodules have no symptoms. A person may have symptoms similar to those of a cold or mild flu. Most of the time, lung nodules are discovered accidentally on a CXR or a CT-scan done for another reason.

**Common Causes of Lung Nodules:**
- Lung infection
- Inflammation
- Granulomas, which are small clumps of cells that develop due to an old infection
- Mucus or secretions
- Non-cancerous tumour (known as benign)
- Cancerous tumour (known as malignant)
- Tumour that has spread from another part of the body (also called metastatic)

**What Should You Do During the Investigations of Your Lung Nodules?**
- Maintain a healthy lifestyle
- Stop smoking (1-866-527-7383 or jarrete.qc.ca)
- Wash your hands regularly to avoid the risk of infections

**Contact the Nurse for Symptoms**
- Chest pain.
- Chronic cough or coughing up blood.
- Fatigue.
- Hoarseness.
- Loss of appetite and unexplained weight loss.
- Recurring respiratory infections like bronchitis or pneumonia.
- Shortness of breath (dyspnea) or wheezing.

**If You Have These Symptoms or If It Is Worsening, Please Go to the Emergency Department**
- Difficulty breathing
- Chest pain
- Coughing up blood
- Fever over 38.0°C that lasts 4 or more hours.

**Your Appointments**
- Please arrive 10 minutes before the scheduled time of your appointments.
- If you cannot come to your appointment, please call the Rapid Investigation Clinic.
- During your investigation, the physician might send you for more exams/tests.
- On completion of the tests, you will be given an appointment with the specialist (pulmonologist) for a full assessment.

**If You Have Questions, You Can Contact**
- The nurse at the Rapid Investigation Clinic while we are looking into your condition.
- Info-Santé 24/7 by calling 811
- Your family doctor or nurse practitioner will get the results of your tests and consultations; they will be able to answer your questions.

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This information should not be considered as medical advice. It is not to be used in place of a visit with a doctor, nurse or other healthcare professional.

If you have questions about your individual medical situation, please consult with your healthcare professional.