



**2024-2025**

# **INTERNSHIP AND STAGE OFFERS IN CLINICAL PSYCHOLOGY AND NEUROPSYCHOLOGY**

**Directorate of Academic Affairs**

**CIUSSS West-Central Montreal**

*Centre intégré  
universitaire de santé  
et de services sociaux  
du Centre-Ouest-  
de-l'île-de-Montréal*

**Québec** 

*Integrated Health  
and Social Services  
University Network  
for West-Central Montreal*

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## **PRESENTATION OF THE CIUSSS WEST-CENTRAL MONTREAL**

The Integrated Health and Social Services University Network for West-Central Montreal was created on April 1<sup>st</sup>, 2015.

It included the following 21 institutions:

- Administrative Centre
- Catherine-Booth Hospital
- CLSC de Benny Farm
- CLSC de Côte-des-Neiges
- CLSC de Parc-Extension
- CLSC Métro
- CLSC René-Cassin
- Constance-Lethbridge Rehabilitation Centre
- Côte-des-Neiges Birth Centre midwives
- Donald Berman Maimonides Geriatric Centre
- Father-Dowd Residential Centre
- Henri-Bradet Residential Centre
- Jewish Eldercare Centre
- Jewish general hospital
- MAB-Mackay Rehabilitation Centre
- Miriam Centre
- Mount Sinai Hospital
- Outremont Point of service
- Richardson Hospital
- Saint-Andrew Residential Centre
- Saint-Margaret Residential Centre

## **Mission**

To ensure seamless access to services to the population, the CIUSSS West-Central Montreal is committed :

- To providing the highest quality continuum of health care and social services throughout our network of institutions
- To providing compassionate care and services that are centered on the user and create an exceptional user experience
- To developing and promoting leadership and excellence in health and social sciences education
- To advancing health and social sciences knowledge and practices through excellence in research and innovation

## **Values**

- Highest Quality of Care

We value excellence and are committed to providing the highest quality of care for all– care and services that are safe, evidence-based and follows best practices in ethics, medicine, and social services.

- Compassion, Dignity and Respect

In the provision of quality care and services, we are respectful of everyone as unique individuals and we treat them with dignity and compassion, while respecting their privacy and confidentiality.

- Safety

We are committed to providing care and services within a safe and secure environment. The responsibility for safety is shared by everyone at all times within the network.

- Teamwork

Because the provision of quality health and social services is a highly complex endeavor, we recognize the important contributions of each member of our staff and our partners. Our teamwork is characterized by 1) a shared consciousness, 2) a shared purpose, and 3) empowered execution. As a team, we are supported in sharing all our knowledge and expertise with one another, with the ultimate goal of providing a highest quality care and services.

- Knowledge and Innovation

We value excellence in teaching and research, and their role in providing the best quality of care and services for users.

We encourage creativity and initiative in our staff, in order to identify and implement innovative ways to enhance the care and services that our network provides.

## **Directorate of Academic Affairs (DAA)**

The Directorate of Academic Affairs (DAA) is responsible for the implementation of the University Mission granted in 2015 to the CIUSSS West-Central Montreal by the Ministère de la Santé et des services sociaux. With its transversal position within the CIUSSS, it reports directly to the President and CEO and collaborates with all clinical departments to promote the integration and consolidation of the University Mission at all levels of the institution. The multidisciplinary teams of DAA are therefore spread over several sites to fulfill this responsibility.

The various components of the University Mission are research, teaching, advanced practices, knowledge translation, technology, and intervention assessment (ETMI) and outreach/visibility. Research ethics, library and audio-visual services are also managed by Academic Affairs, in support of the implementation of these various components.

As part of our network's University Mission, CIUSSS West-Central Montreal is committed to providing the highest quality care and services in partnership with our users and their families, as well as advancing the knowledge and practices of health and social services. This is accomplished through excellence in research, education, and innovation, which ultimately enhances the care and services that this institution provides.

### **Teaching component**

The training of students, interns and residents is an essential part of the University Mission. The Directorate of Academic Affairs is responsible for planning and coordinating internships and teaching activities for all disciplines carried out by CIUSSS staff. It also provides training and support to supervisors to ensure excellence in the learning and teaching environment.

All internship requests from students and teaching institutions are directed to the Teaching Team of the Directorate of Academic Affairs. This centralized approach ensures efficient planning of human, material and informational resources and provides optimal support for teaching supervisors, students and the teams involved.

### **Affiliation with Montreal universities**

The CIUSSS West-Central Montreal is affiliated with McGill University, Université de Montréal, UQAM, and Concordia University, and works in partnership with other universities, Cegeps and non-university educational institutions in order to promote the quality of clinical training for students.

### **Access to health services and social services for the English-speaking population of Montreal**

The CIUSSS West-Central Montreal is an institution to provide services in both English and French, in compliance with the legislation in place, mandates entrusted thereto, and available resources.



## **Internships and stages**

Internships are available at the pre-doctoral levels and, depending on the site, at the level of stage or practicum (*practicums, field placements and summer practicums*).

The goal of a **stage** or **practicum** level training is to develop the basic clinical skills of the trainee, by ensuring a “clinical feel of the setting and its patients, working with supervisors, and participating as a member of a team”. The emphasis is on patient contact, in the context of evaluation and introduction to various forms of interventions.

The **pre-doctoral level internships** focus on specialized assessment and intervention methods, such as individual psychotherapy, family therapy, behavioral medicine, and neuropsychology. It offers opportunities for participation in research projects as well.

Internships, stages, and practicums meet university requirements as well as those of the Ordre des Psychologues du Québec (OPQ). This document describes the specific aspects of each offer.

In addition to clinical activities, *stagiaires* and interns benefit from various additional learning opportunities such as attending conferences and seminars in psychiatry and psychology offered at the Jewish General Hospital, among others.

### **Supervision and Evaluation of Internship Experience**

In accordance with OPQ requirements, full-time interns normally receive four hours of supervision per week, two of which are in individual mode. The psychology service suggests a mid-internship meeting where each intern is seen by two psychologists who are not the supervisor to discuss student's progress, solicit their perception of the training received, and perception of the internship environment as a whole. The responsible people for the clinical training of the intern also make themselves available during the course of the year for any student who wishes to discuss the internship situation. This formula allows us to accumulate information on the progress of internships and stages in our environment and to aim at the constant improvement of our offers.

## **Evaluation Procedure for Pre-doctoral Interns and stages**

Internships and stages are the subject of contracts between the University to which the student is attached, the supervisors and the Directorate of Academic Affairs of the CIUSSS. The student evaluation follows academic requirements and generally involves a mid-year formative evaluation and a final summative evaluation. If students encounter difficulties along the way that put their success at risk, the development of a remedial plan between the student and the supervisor is highly recommended. If necessary, it is recommended that an ad hoc committee be established to support the students and their supervisor in this task. In some cases, it may be necessary to discuss the student's situation with the university's clinical coordinator.

## **CLSC - Adult Mental Health First Line**

### **CLSC Parc-Extension**

#### **SUPERVISOR:**

**Carolyne Fortin, M. Ps.**

514-731-8531 ext 6393

[carolyne.fortin.dlm@ssss.gouv.qc.ca](mailto:carolyne.fortin.dlm@ssss.gouv.qc.ca)

#### **DESCRIPTION**

At the CLSC Parc-Extension, an interdisciplinary team of professionals (psychologist, social workers, nurses, occupational therapist, family auxiliary, responding psychiatrist and psychiatric residents) offers a range of psychological, psychosocial, and medical services to a multi-ethnic adult clientele presenting various and concomitant problems such as depression, anxiety disorders, post-traumatic stress disorder, somatization disorders, prolonged grief disorders and personality disorders with comorbidity. Psychological services include assessment, referral, treatment and consultation. The psychology intern who joins the team will inevitably work in a context of cultural diversity, since the CLSC Parc-Extension territory is characterized by a large first- and second- generation immigrant population. This diversity means that a good proportion of residents have a mother tongue other than French or English. However, with the arrival of a new university campus and the development of real estate projects over the last few years, the neighborhood is gradually becoming more gentrified.

In such a context, the intern will develop experience working with a diverse population on issues related to its many cultures, and socio-economical statuses. The student's proficiency in French and English is essential given the profile of the clientele.

#### **APPROACH**

At the CLSC Parc-Extension, the preferred theoretical approach is 3<sup>rd</sup> wave cognitive-behavioral (DBT/CBT, Mindfulness, ACT, trauma-focused), also integrating various empirically- based practices including mentalization theory and trauma focused therapy. The clinical approach is also adapted to ethnic and cultural diversity, as well as according to the pace and needs of each individual.

To apply for this internship, please complete the application form available on our website at: [CIUSSS West-Central Montreal | Psychology - neuropsychology: internships and residencies \(ciusswestcentral.ca\)](https://www.ciusswestcentral.ca/psychology-neuropsychology-internships-and-residencies)

The deadline to apply is **December 15, 2023, at 4:30 PM.**

## **Mental health second and third line - psychiatry**

### **INSTITUTE OF COMMUNITY AND FAMILY PSYCHIATRY - JEWISH GENERAL HOSPITAL**

The philosophy of the JGH Department of Psychiatry, which includes the Hospital's Division of Psychology, is to treat each patient as an individual living within a larger social system that includes both family and community. Many services and treatments are available based on bio-psychosocial, family and cultural models. The Department offers specialty clinics, for example First Episode Psychosis, Couple and Family Therapy, Personality Disorders, Perinatal Mental Health, as well as non-specialized services.

The JGH's Department of Psychiatry, with a staff of approximately 35 psychiatrists, 20 psychologists, 12 Occupational Therapists, 10 Social Workers, 47 Nurses and 10 Orderlies, is responsible for a territory that includes some 220,000 residents, providing a wide variety of outpatient services at the Institute of Community and Family Psychiatry (ICFP) and the Department's 48-bed inpatient unit. Child psychiatry services are located in the Centre for Child Development and Mental Health.

### **MISSION STATEMENT**

To provide safe, compassionate, and excellent clinical care to our population, seeing individuals in the context of family and community, to offer tertiary care associated with research and teaching as well as secondary care while consulting with our primary care partners, and to develop world class psychosocial research and offer excellent teaching. Our biopsychosocial model includes clinical consultation/liaison with other specialties and research in behavioral medicine.

### **PSYCHOLOGY SERVICE**

Psychologists began providing services at the Jewish General Hospital in the 1950's. A full Psychology Section was constituted during the 1960's. The present Psychology Service consists of approximately 20 psychologists, of whom many are part-time. The number of interns varies from year to year, but each department offers clinical teaching. Facilities include conference rooms, library, an audio-visual department, and a computer facility.

The Psychology Service is a section within the Department of Psychiatry. Although much of the psychologists' service, teaching, and research functions are carried out in the Department of Psychiatry proper, Psychology participates in services and research of other hospital departments as well.

As professional psychologists, it is felt that an intensive experience with clinical practice is necessary to allow one to function in any of the traditional and emerging roles assumed by the profession. In this sense, we feel the intern must be well-grounded in skills of evaluation and treatment with a variety of patients. Our theoretical orientations range from psychoanalytic to behavioural to more eclectic approaches. Regardless of the approach, we emphasize competence in assessing problem situations, in exercising sound judgment, and in effecting thoughtful solutions. Our goal is to develop flexible and adaptive clinicians. The career of Clinical Psychologist is an ongoing learning experience, for both the experienced professional and psychologist-in-training.

## **Cognitive Behaviour Therapy Service (CBT)**

### **SUPERVISORS:**

#### **Ann lie Anestin, Ph.D.**

514-340-8222, ext. 24593

[annelie.anestin.ccomtl@ssss.gouv.qc.ca](mailto:annelie.anestin.ccomtl@ssss.gouv.qc.ca)

- Present 4 days/week: Monday, Tuesday, Wednesday, Friday (Full-time equivalent: 0.8)

#### **Lisa Jewett, Ph.D.**

514-340-8222, ext. 24562

[lisa.jewett.ccomtl@ssss.gouv.qc.ca](mailto:lisa.jewett.ccomtl@ssss.gouv.qc.ca)

- Present 3 days/week: Wednesday, Thursday, Friday (Full-time equivalent: 0.6)

### **INTERNSHIPS AVAILABLE:**

- 2 full-time (4 or 5 days/week) predoctoral internship positions
- Previous experience in CBT is an advantage but not necessary; previous experience in therapy is essential

### **DESCRIPTION**

#### **Who are our patients?**

The Cognitive Behaviour Therapy (CBT) Service is a service that provides treatment and consultations to patients aged 22 to 99. Our referrals come from different clinics within the Outpatient Department of Psychiatry (such as mood and anxiety service, screening clinic, perinatal mental health, psychogeriatric, and first episode psychosis clinics, among others). The patient population is culturally, ethnically, and linguistically diverse. We see a wide variety of presenting problems (mostly anxiety and mood disorders, but also OCD, PTSD and trauma-related disorders, somatization, psychosis, acute crisis cases, comorbid personality disorders). We do not treat primary personality disorders, eating disorders, or those with serious substance misuse/abuse problems.

#### **What skills will you learn and practice?**

This internship will be an opportunity to follow several patients from the initial assessment to discharge, and we encourage interns to incorporate "3rd wave CBT" skills such as mindfulness, values work, or self-compassion, as well as strategies from Dialectical and Behavioural Therapy (DBT), when appropriate. There are also opportunities to run group therapy programs (e.g., transdiagnostic anxiety group). Psychology interns can observe and later conduct suitability assessments to determine whether or not patients are a good fit for CBT, and if not, which services would be most appropriate. The length of treatment is usually between 15 to 25 sessions.

### **Who is part of the CBT team?**

The CBT team includes psychologists, psychology interns, and psychiatry residents. Individual and group supervision are provided on a weekly basis. As part of the internship, psychology and psychiatry rounds can be attended regularly, and cover a variety of topics related to psychiatry, psychotherapy, and psychology research and clinical intervention. Observation opportunities (e.g., therapy sessions, intake evaluations) within the CBT Service team, as well as other teams in the outpatient psychiatry department are possible, as well as participation in multidisciplinary team meetings.

To apply for this internship, please complete the application form available on our website at: [CIUSSS West-Central Montreal | Psychology - neuropsychology: internships and residencies \(ciussswestcentral.ca\)](https://ciussswestcentral.ca/psychology-neuropsychology-internships-residencies)

The deadline to apply is **December 15, 2023, at 4:30 PM.**

## **Youth Services - Mental Health Second and Third Line**

### **Youth Services**

#### **SUPERVISORS:**

##### **Dr. Maeve O'Leary-Barrett, Ph.D.**

[maeve.oleary-barrett.ccomtl@ssss.gouv.qc.ca](mailto:maeve.oleary-barrett.ccomtl@ssss.gouv.qc.ca)

514-340-8222 ext. 25216

- Presence 2 days/week

##### **Dr. Amanda Plokar, Psy.D.**

[amanda.plokar.ccomtl@ssss.gouv.qc.ca](mailto:amanda.plokar.ccomtl@ssss.gouv.qc.ca)

514-340-8222 ext. 25208

- Presence 2 days/week

#### **INTERNSHIP AVAILABLE**

- One 2 or 3 day/week internship over a 10-month period (September to June). Some clinical experience is required given the complexity of the cases. Bilingualism an asset.

#### **DESCRIPTION**

Youth service is an outpatient psychiatry clinic for adolescents and young adults aged 15 to 23 years old with complex mental health needs. Youth referred to this service display various moderate to severe mental health problems including anxiety and mood disorders, emerging personality disorders, complex trauma, suicidal or parasuicidal behaviour, gender dysphoria, autism spectrum disorder, and so on. Youth service is made up of an interdisciplinary team (2 psychiatrists, 2 psychologists, 2 family therapists, 1 nurse practitioner, 1 social worker, 1 occupational therapist) who offer specialized assessment and treatment services to a diverse population (i.e., culture, religion, ethnicity, language, etc.).

#### **INTERNSHIP AND INTERN ACTIVITIES**

- Individual psychotherapy (medium- and long-term follow-ups). The intern will have the opportunity to be trained in CBT/DBT and attachment/trauma-informed approaches to psychotherapy, using an integrative approach adapted to the patient's needs.
- Co-facilitating a DBT-based group therapy for adolescents with emotion dysregulation or borderline traits.
- Psychiatric evaluation of new patients referred to service.
- Psychological evaluation via individual and family interviews, as well as psychometric tests/questionnaires.
- Crisis intervention and suicide risk assessment.
- Weekly interdisciplinary meetings



- Liaise with health, social, school and community services (e.g., youth protection, CLSC, hospitals).
- Consult with interdisciplinary team members.
- Weekly individual supervision and intermittent peer supervision with team therapists.
- Attend conferences in psychiatry and psychology.

To apply for this internship, please complete the application form available on our website at: [CIUSSS West-Central Montreal | Psychology - neuropsychology: internships and residencies \(ciussswestcentral.ca\)](https://ciussswestcentral.ca/psychology-neuropsychology-internships-residencies)

The deadline to apply is **December 15, 2023, at 4:30 PM.**

## **External services**

### **Health Psychology: Psychosocial Oncology**

#### **LOUISE GRANOFSKY - PSYCHOSOCIAL ONCOLOGY PROGRAM (LG-POP) - SEGAL CANCER CENTER**

##### **SUPERVISORS:**

##### **Sylvie Aubin, Ph.D.**

514-340-8222 ext. 26865

[sylvie.aubin@mcgill.ca](mailto:sylvie.aubin@mcgill.ca)

- Present 5 days/week

##### **Melissa Henry, Ph.D.**

514-340-8222 ext. 22252

[melissa.henry@mcgill.ca](mailto:melissa.henry@mcgill.ca)

- Present 5 days/week

##### **INTERNSHIP AVAILABLE**

Sharing a full-time internship, 4 days/week.

##### **DESCRIPTION**

The main goal of the internship follows the Louise Granofsky Psychosocial Oncology Program (LG-POP) mission of alleviating patients' and families' emotional distress at all stages of the cancer experience. The internship is designed for students with an interest in developing clinical skills in the assessment and treatment of patients with cancer. Students applying for this internship should have knowledge in diagnostic and psychotherapeutic techniques, most importantly stemming from the cognitive-behavioral approach (see the criteria below), be flexible regarding time availability as well as the ability to provide services within several clinical contexts, tumour sites and interdisciplinary clinics. The internship takes place in the Segal Cancer Centre.

##### **INTERNSHIP AVAILABLE**

The time span of the internship position is one full year consisting of 4 days/week. The internship training modalities will include direct face to face patient contact, individual and group supervision, including on site supervision, observation and consultation skills on medical wards (e.g., at patient's bedside). Other necessary training modalities unique to the hospital setting will include writing of biopsychosocial assessment reports, developing communication skills with the patient's interdisciplinary care team (e.g., psychodiagnostic and recommendations) and attendance to tumour board meetings as applicable. Only pre-doctoral internships are available.

The components of the training modalities may include diagnoses and interventions specifically tailored to the intern's needs and interests such as:

1. Biopsychosocial assessment

- a. Chief complaints stated by patient and/or care team member
- b. Medical history and illness trajectory
- c. Somatic/physical complaints such as acute and chronic pain, fatigue
- d. Mental health history: psychological distress, symptoms and treatments (e.g., psychotropic medication, psychotherapy)
- e. Mental status examination (e.g., cognitive function and impairments)
- f. Social history and network
- g. Psychosexual and couple history pre/post cancer diagnosis
- h. Coping, adaptation skills
- i. Diagnostic assessment according to the DSM axes
- j. Illness-related ethical and cultural issues to consider

2. Multimodal intervention

- a. Cognitive-Behavioral interventions specifically targeted to individuals supportive care needs along the cancer treatment trajectory
- b. Psychosexual oncology treatment integrating medical, couple and sexual interventions
- c. Psychodynamic-existential
- d. Basic training in clinical hypnosis
- e. Palliative care and end of life issues

3. Supervision and consultation skills specific to oncology approach

Please take note that to be considered, applicants must meet the following criteria:

- a. Provide clinical interventions in French and English
- b. Present with clinical experience and skills in diagnostic assessment and psychotherapeutic techniques from the cognitive-behavioral approach

To apply for this internship, please complete the application form available on our website at: [CIUSSS West-Central Montreal | Psychology - neuropsychology: internships and residencies \(ciusswestcentral.ca\)](https://ciusswestcentral.ca/psychology-neuropsychology-internships-and-residencies)

The deadline to apply is **December 15, 2023, at 4:30 PM.**

## **Adult Day Treatment Program**

### **SUPERVISORS:**

**Molly Moroz, Ph.D.**

[molly.moroz.ccomtl@ssss.gouv.qc.ca](mailto:molly.moroz.ccomtl@ssss.gouv.qc.ca)

- Present 2 days/week

**Alissa Rubinfeld, Psy.D.**

[alissa.rubinfeld.ccomtl@ssss.gouv.qc.ca](mailto:alissa.rubinfeld.ccomtl@ssss.gouv.qc.ca)

- Present 2 days/week

### **INTERNSHIP AVAILABLE**

- 1-2 part-time stage and/or internship offered (2-2.5 days/week, must be available Mondays and Tuesdays)

### **DESCRIPTION**

The Adult Day Hospital is a service that provides comprehensive treatment for patients aged 18-75 referred from within the Hospital or from an external psychiatric provider. The patient population is culturally and ethnically varied. We see a wide variety of presenting problems, including but not limited to anxiety and mood disorders, PTSD, psychosis and personality disorders.

The group-based program runs eight weeks long and takes place from Monday to Thursday. Groups cover a variety of skill-based and process-oriented topics, such as emotional regulation, cognitive behavioral therapy, mindfulness, life skills, and creative expression. Patients also receive weekly individual sessions by their appointed case manager. Opportunities for family involvement are also available on a case-by-case basis.

### **PRACTICUM AVAILABLE**

The time span of the position is one full year consisting of 2 to 2.5 days per week. The training modalities will include direct face-to-face patient contact, and individual and group supervision. Specific activities will include conducting and writing biopsychosocial assessments, co-leading therapy groups, and following individual patients for case management. Other necessary modalities unique to the Day Hospital setting will include frequent case consultation, discussion and collaboration with multidisciplinary team members, and administrative and record-keeping tasks.

To apply for this internship, please complete the application form available on our website at: [CIUSSS West-Central Montreal | Psychology - neuropsychology: internships and residencies \(ciussswestcentral.ca\)](https://ciussswestcentral.ca/psychology-internships-residencies)

The deadline to apply is **December 15, 2023, at 4:30 PM.**

## **Clinical Neuropsychology Service**

### **SUPERVISOR:**

**Alessandra Schiavetto, Ph.D.**

514-340-8222 ext. 25249

[aschiave@icfp.jgh.mcgill.ca](mailto:aschiave@icfp.jgh.mcgill.ca)

- Present 5 days/week

### **NUMBER OF INTERNS ACCEPTED:**

- 2, full-time (4-5 days/week)

From September to March or from March to September or full 1600hrs (Sept-August)

- No practicum, no field placement

### **DESCRIPTION**

Clinical Neuropsychology focuses on how cognition and behaviors are related to brain networks. It integrates knowledge of psychology and neurology to understand how the brain works, by carefully examining the relationship between the different parts of the brain and behavior. The mandate of the assessment may be either to make a differential diagnosis, or to inform clients and treatment teams about the interventions that are potentially most effective according to the abilities of the individuals assessed. Neuropsychologists are called upon to intervene in psychiatry in many circumstances, as psychiatric illnesses are often accompanied by cognitive disorders that hinder recovery or treatment.

Moreover, this often includes assessment of developmental (e.g. dyslexia, attention deficit disorder), acquired (e.g. stroke, head injury) or degenerative (e.g. Alzheimer's disease) neurological disorders that affect a person's cognition, behavior, personality and emotions. The results of these assessments are then used to formulate, recommend, and implement an intervention plan, inform families and loved ones, and contribute to decision-making, in collaboration with the treating team. A very detailed assessment of a person's abilities is completed and the pattern of strengths and weaknesses is interpreted to determine the level and nature of cognitive/behavioural and functional abilities. The results from the assessment are then used to formulate, recommend, and implement, in collaboration with the treating team, an intervention plan, educate families and caregivers and contribute to treatment decisions.

## CLIENTELE

The service at JGH is focused on adults and geriatric outpatients. Referrals for this service are from all Psychiatric clinics. If time permits, in-patients and patients from other departments can be assessed as well.

## COMPETENCIES TO BE ACQUIRED

Interns will be exposed to a variety of neuropsychopathologies and psychiatric disorders. They will be introduced to neuropsychological evaluations of the neuropsychology of a range of neurological and psychiatric disorders such as bipolar affective disorder, schizophrenia and depression, degenerative disease, traumatic brain injury, stroke and systemic disease to name a few. They will attend weekly psychogeriatric team meetings and receive a minimum of two hours/week of individual supervision. Neuropsychological assessment will include objective examination of memory, attention, perception, praxis, language, reasoning, judgment, executive function and emotional status for differential diagnosis, treatment planning and education for family members or caregivers.

Interns will learn interview techniques, test selection and interpretation. They will also learn how to conduct a medical/psychiatric chart review, and how to work within the context of a multidisciplinary team. They will also become familiar with psychopharmacological treatments and their effects on cognition. Interns will prepare written reports based on these assessments and will provide feedback to the patients, families and treatment teams. They will present their findings to the multidisciplinary teams as well.

## INTERNSHIP AVAILABLE

This doctoral internship is intended for students who have completed a practicum in Neuropsychology. The modalities regarding start and end dates are flexible. Bilingualism is an asset. **Summer practicums are NOT offered.**

To apply for this internship, please complete the application form available on our website at: [CIUSSS West-Central Montreal | Psychology - neuropsychology: internships and residencies \(ciussswestcentral.ca\)](https://ciussswestcentral.ca/psychology-internships-and-residencies)

The deadline to apply is **December 15, 2023, at 4:30 PM.**

## **Trauma-focused Therapy Program**

### **External Services**

#### **SUPERVISOR:**

**Kate Drury, PhD**

514 340-8222 ext. 27299

[kate.drury.ccomtl@ssss.gouv.qc.ca](mailto:kate.drury.ccomtl@ssss.gouv.qc.ca)

- Present 3 days/week (From Wednesday to Friday)

#### **INTERNSHIP AVAILABLE**

1 part-time clinical psychology internship (2.5 days a week) for a 10-month period (September to June).

#### **DESCRIPTION**

The Trauma-focused Therapy (TFT) program is a specialized psychotherapy service dedicated to addressing the impact of childhood abuse and neglect. The program is co-directed by a psychologist, Dr. Kate Drury and a psychiatrist, Dr. Zoë Thomas, who make up the clinical team to date. This specialized psychotherapy service was created with several treatment objectives in mind, namely, to promote recovery from Post-Traumatic Stress Disorder (PTSD) and Complex PTSD symptoms, enhance resilience and post-traumatic growth, develop skills needed to manage post-traumatic symptoms, effectively processing traumatic memories, improve interpersonal relationships and foster reconnection within the community.

Patients are referred by a physician and need to reside within the CIUSSS West-Central catchment area. We are an adult treatment service, servicing patients age 16 years and older. Patients in this service carry a wide range of psychiatric diagnoses, however, because we are a trauma-focused therapy service, we treat the impact of trauma rather than the symptoms of any one particular disorder. Our program follows a stepped-care and stage-based model of trauma therapy with patients moving between an initial stabilization phase, a trauma processing phase and an integration and reconnection phase. Though the stages are designed to be accumulative, a client's progression through the phases may not necessarily be linear.



## **COMPETENCIES THAT WILL BE ACQUIRED**

Our primary treatment modality is group therapy, and we offer groups focusing on regulating fear in the body, healing sexually, improving relationships, artistic expression, goal-setting, and couples work. Groups are generally once a week for an 8-week period. Patients have the option of time-limited individual therapy (26 sessions) for trauma processing once stabilization skills are acquired. Psychology interns in our program would be responsible for participation in and eventual co-facilitation of groups as well as seeing 1-2 cases in individual therapy.

Our orientation to therapy is above all trauma-informed, as such psychology interns would gain experience and knowledge in evidence-based methods and approaches to treating traumatized individuals. More specifically, interns will learn techniques and interventions from several therapeutic approaches including: Relational Therapy, Cognitive-behavioral Therapy, Psychodynamic Therapy, Psychoeducation, Mindfulness, Sensorimotor Psychotherapy, Mentalization-based Therapy, DBT-based Therapy, and EMDR. Interns will be responsible for charting the patients' progress in therapy, and at termination of a group, they will conduct assessments in order to determine patients' next steps in the program.

## **INTERNSHIP AVAILABLE**

The internship opportunity is part-time (2.5 days a week) for a 10-month period (September to June). The placement would be for one clinical psychology internship student.

To apply for this internship, please complete the application form available on our website at: [CIUSSS West-Central Montreal | Psychology - neuropsychology: internships and residencies \(ciusswestcentral.ca\)](https://ciusswestcentral.ca/psychology-internships-and-residencies)

The deadline to apply is **December 15, 2023, at 4:30 PM.**

## **Jewish General Hospital**

Jewish General Hospital, a 637 bed, provides tertiary care for a multicultural, multi-ethnic patient population. Located in the Côte des Neiges district of Montréal, the hospital has close to 700 physicians on its attending staff and more than 4,410 employees. Since it first opened its doors in 1934, the Jewish General Hospital has been committed to the highest standards of patient care, teaching and research. A complete array of health care services, with the exception of pediatrics, is provided. In recent years, the hospital has earned an international reputation for excellence in many areas, including obstetrics and neonatology, geriatrics, cardiology, psychiatry, oncology and family medicine. The Hospital's Lady Davis Institute for Medical Research is renowned for its pioneering research in AIDS, cancer, aging and genetics.

Internships are offered in different services in the Jewish General Hospital:

- Herzl Family Practice Centre (Frontline Services)

### **HERZL FAMILY PRACTICE CENTRE (HFPC) - JEWISH GENERAL HOSPITAL**

Since 2002, the Herzl Family Practice Centre has been a recognized GMF (Groupe de médecine familiale, a.k.a. Family Medicine Group). It is located in Pavilion H of the Jewish General Hospital with a multidisciplinary staff consisting of primary-care physicians and residents, nurses, psychologists, dieticians and social workers. The areas of practice at the Herzl Family Practice Centre include the diagnosis and treatment of common issues in medicine, pediatrics, obstetrics, gynecology, and psychology.

Applying principles of screening and disease prevention together with the promotion of health through patient education and empowerment, the Centre treats all family members for almost all their medical needs and coordinates overall care by working closely with specialists in the different branches of medicine.

**The Teenage Health Unit** was established in 1985 to provide comprehensive primary care to youth aged (13-19 years old) and to provide cutting-edge training in adolescent medicine and psychotherapy to family medicine residents and psychology interns.

## **Teenage Health Unit**

### **SUPERVISOR:**

**Perry Adler, Ph.D.**

514-733-8979 (private office)

[perry.adler@mcgill.ca](mailto:perry.adler@mcgill.ca) and [padler@jgh.mcgill](mailto:padler@jgh.mcgill)

- Half-time position spread over four days

### **INTERNSHIPS AVAILABLE**

- Four positions available for internships, stages, practica available for 2024-2025.
- A commitment of a minimum of 1 ½ days per week is required.
- For internships: Will accept part time interns for 2 ½ to 4 days per week.

### **DESCRIPTION**

The training site for the Teenage Health Unit is the Jewish General Hospital's Herzl Family Practice Centre (HFPC). The HFPC houses a large practice of family physicians that teach residents on site as part of their training in McGill's department of family medicine. Dr. Adler is the Director of the HFPC's Teenage Health Unit. He teaches behavioural medicine and behavioural sciences to the residents and supervises their practices so they can learn the psycho-social aspects of family medicine. Dr. Adler also has a private practice and runs a private clinic housing the practices of several psychologists. Dr. Adler is the president of HumaNexus Corporation, a behavioural health sciences company. Students training under Dr. Adler's supervision treat adolescents with a wide variety of issues. While mood and anxiety disorders are most commonly encountered, other problems addressed include poor anger management, school avoidance, family conflict, trichotillomania, posttraumatic stress, eating disorders, gender dysphoria, and budding and full-blown personality disorders. There is also the possibility for interns/students to be supervised as they treat cases with a focus on psychosomatic medical issues. Baseline, progress, and outcome measures are obtained for each patient - with interns being trained in the administration and interpretation of the scales used. Students also accompany Dr. Adler while he provides supervision to medical residents, and the psychology students soon provide supervisory/consultative advice regarding psychosocial issues to these residents. Students also provide group therapy to teen patients to teach them trans-diagnostic strategies to address their varied mental health issues. Dr. Adler is open to beginning new programs that a student is interested in spearheading.

Students also devote one hour per week to provide follow-up services to teenage patients suffering psycho-social problems and whose physicians do not have availability in their schedule to see the teens themselves. The goals of these follow-up meetings may include assessment of the patient's current suicide risk or their reactions to newly prescribed antidepressants or trying to convince the patient to engage in psychotherapy. This is an example of the multi-disciplinary collaboration occurring at the Centre. Student also help triage the list of teens waiting for psychotherapy. This entails calling those on the list to determine if they are in more urgent need. Students will also work as a Behavioural Health Consultants (BHCs) providing patients psychoeducation and tangible skills immediately after their first or second appointment with a physician.

While past clinical experience with adolescents is not required, clinical experience is essential. Although Dr. Adler is bilingual, the language of instruction will be mainly in English. Students who are bilingual are at an advantage, but unilingual students are also encouraged to apply. Although the specific therapeutic approach will vary depending on the particular case, Dr. Adler is highly experienced in cognitive-behaviour therapy.

For all trainees the supervision consists of weekly two-hour meetings with Dr. Adler in a group format, during which all students are asked to participate in case discussions. Dr. Adler provides another dedicated hour per week for "drop-in" supervision. In addition, there is the opportunity for closed circuit television observation and digital recording of sessions. As one of the best predictors of the future is the past, Dr. Adler encourages students to speak with those who have trained with him. For those students whose internship is not paid through the government's support for internships or through their psychology department, a \$1200 stipend is offered to those that complete the full year's commitment.

### **INTERNSHIPS AVAILABLE**

Dr. Perry Adler, a graduate of both McGill's (BSc, PhD) and Concordia's (MA) clinical psychology programs, is offering positions to senior-level graduate students and graduated psychologists who wish to be supervised by him while they offer therapy services to adolescent patients - aged 13-19. The training can be part of the student's year-long fulltime or halftime internship or towards credit for practicums or in an ad hoc training course offered by their clinical graduate program or simply to gain additional clinical experience.

Students wishing to follow cases as part of a practicum or as part of an ad hoc training program or for their own additional clinical experience will be asked to carry a minimum of 4 cases for a yearlong commitment, beginning their training in September 2024 and ending in August 2025. In the past, McGill, Concordia, and UQAM students had their training with Dr. Adler officially recognized on their transcripts.

Students wishing to make their training part of a formal internship should note that various arrangements could be made to ensure that all of their training

requirements are met. For example, a fulltime internship can be split so that 1 ½, 2, or 3 days per week are devoted to Dr. Adler's HFPC internship site and the remaining time devoted to another site. Flexibility can be found in arrangements for halftime internships as well. Physical presence at the training site will be determined closer to the start date but during recent years, students met via videoconferencing for supervision meetings on Wednesday mornings and came in person to the clinic on either Tuesday or Friday afternoons. If you are interested in learning more about this opportunity, please contact Dr. Adler.

To apply for this internship, please complete the following form and **send an email to Dr Adler** informing him that you applied:

[CIUSSS West-Central Montreal | Psychology - neuropsychology: internships and residencies \(ciussswestcentral.ca\)](https://ciussswestcentral.ca/psychology-neuropsychology-internships-and-residencies)

The deadline for the submission of applications for the first round is **December 15, 2023, at 4:30 PM**, however, applications submitted after the deadline will be considered for the second-round contingent on the availability of placements.

## **Rehabilitation Centres - Lethbridge-Layton-Mackay** **Rehabilitation Centre**

The Lethbridge-Layton-Mackay Rehabilitation Centre (CRLLM) is a physical disability rehabilitation centre (PDRC) for pediatric and adult clients with significant and persistent motor, speech/language, visual and auditory difficulties and/or impairments. Services aim for social integration of clientele through an ecosystemic approach (biopsychosocial).

### **Pediatric Services (Mackay site)**

#### **SUPERVISOR:**

**Catherine Barbe, D.Ps.**

514-488-5552 ext. 2511

[cbarbe.mackay@ssss.gouv.qc.ca](mailto:cbarbe.mackay@ssss.gouv.qc.ca)

- Attendance 5 days/week
- 3 to 5 day stages available

#### **DESCRIPTION AND ROLE OF THE INTERN**

The intern completing an internship at the Lethbridge-Layton-Mackay Centre will participate in the following activities:

- Neurodevelopmental evaluations, in order to clarify the client's social and behavioural functioning (Autism Spectrum Disorder assessments).
  - Interviews with parents (ADI-R, developmental interviews)
  - Clinical observations of child using the ADOS-2 (module Toddler, 1, 2, and 3)
- Psychological assessments to target the client's developmental/cognitive functioning level to further clarify the client's clinical profile if needed (e.g., Bayley scale, Mullen scales of early learning, WPPSI-IV, WISC-V, TeaCh-2). These evaluations could be multidisciplinary (team-based) or individual.
- Evaluation report writing
- Feedback sessions with client's parents to share and discuss results, diagnosis, and specific recommendations.
- Various clinical activities (case discussions, professional meetings).
- The internship is only with a pediatric clientele.

To apply for this internship, please complete the application form available on our website at: [CIUSSS West-Central Montreal | Psychology - neuropsychology: internships and residencies \(ciusswestcentral.ca\)](https://ciusswestcentral.ca/psychology-neuropsychology-internships-and-residencies)

The deadline to apply is **December 15, 2023, at 4:30 PM.**

## **Cardiac Rehabilitation Center**

The **CIUSSS Centre Ouest Cardiac Rehabilitation Center (CCO-CRC)** is a program with the goal of helping participants recover from a cardiac event and preventing further incidence of heart-related problems. This is accomplished through exercise, education, and management of the heart disease and cardiovascular risk factors.

### **Richardson - Cardiac Rehabilitation (Richardson site)**

#### **SUPERVISOR:**

**Cindy Potechin, Ph.D.**

514-484-7878 ext. 62147

[cindypotechin01@ssss.gouv.qc.ca](mailto:cindypotechin01@ssss.gouv.qc.ca)

- On site 2 days/week. Available for consultation 5 days a week.

#### **DESCRIPTION & ROLE OF THE INTERN**

The intern completing a placement at the **Cardiac Rehabilitation Center** will work in a multidisciplinary team. In addition to the psychologist supervisor, the student will learn to work with individuals representing the following disciplines: Kinesiology, nursing, social work, nutrition, physiotherapy, and occupational therapy. The student will participate in the following activities:

- Clinical interviews to identify the client's needs, to determine the services to be offered to the client, and to develop treatment goals for the client.
- Short-term psychotherapy/psychoeducation with clients to treat emotional difficulties related to different aspects of their heart health and to the changes experienced due to their cardiac event (e.g. Acceptance of their physical limitations, addressing fears of mortality, coping with lifestyle changes, understanding/accepting their diagnosis). Psychology interventions may be provided in individual or group format.
- Developing and presenting psychoeducational talks and videos related to cardiac health.
- Consultations with the team professionals to ensure that the client participates in the cardiac program to the best of his/her ability and to promote the optimal physical and psychological well-being of the client.
- Various clinical activities (case discussions, interdisciplinary team meetings, professional meetings).

## **INTERNSHIP AVAILABLE**

Students will be accepted for field placements and internships during the academic year (late August to June). One part-time stage is available. This stage may be combined with the Lethbridge-Layton-Mackay Adult internship for a full-time internship. Ongoing supervision is provided by the staff psychologist.

## **REQUIREMENTS**

- Bilingualism (English and French)

To apply for this internship, please complete the application form available on our website at: [CIUSSS West-Central Montreal | Psychology - neuropsychology: internships and residencies \(ciusswestcentral.ca\)](https://ciusswestcentral.ca/psychology-neuropsychology-internships-and-residencies)

The deadline to apply is **December 15, 2023, at 4:30 PM.**



## **MAB/Mackay Services**

### **MAB - Adultes Services (MAB site)**

#### **SUPERVISOR:**

**Cindy Potechin, Ph.D.**

514-488-5552 ext. 2442

[cindypotechin01@ssss.gouv.qc.ca](mailto:cindypotechin01@ssss.gouv.qc.ca)

- On site 3 days/week. Available for consultation 5 days a week

#### **DESCRIPTION & ROLE OF THE INTERN**

The adult program is specialized for an English-speaking clientele over age 25 with significant vision and auditory difficulty and/or impairments. Interventions are currently offered in person and through tele-health formats.

Intern(s) completing placements at the Lethbridge-Layton-Mackay Centre (LLM Adult Program) will participate in the following activities:

- Department intake assessments to document the presenting problem, to identify the client's needs, and to determine the services to be offered to the client.
- Consultations with family members/other professionals related to the implementation of interventions that promote the optimal social participation and psychological well-being of the client.
- Psychotherapy with clients related to: understanding/acceptance of their diagnosis and management of emotional difficulties related to their vision or hearing impairments (e.g., coping with sudden sensory loss). Psychotherapy may be provided in individual or group format.
- Various clinical activities (case discussions, interdisciplinary team meetings, consultation with other team members, professional meetings, etc.).
- Psychological assessments to verify the client's adaptive/cognitive functioning levels, based on necessity for client's rehabilitation treatment. These evaluations could be multidisciplinary (team-based) or individual.

#### **INTERNSHIP AVAILABLE - MAB/MACKAY CHILD AND ADULT SERVICES**

Students will be accepted for field placements and undergraduate internships during the academic year (late August to June). Full-time and part-time stages and internships are available. The minimum duration of part-time attendance is 2.5 days per week. Ongoing supervision is provided by staff psychologists. The internship in the LLM Adult Program may be combined with the Richardson Hospital Cardiac Program internship for a full-time internship.

## REQUIREMENTS

- Bilingualism (English and French)

To apply for this internship, please complete the application form available on our website at: [CIUSSS West-Central Montreal | Psychology - neuropsychology: internships and residencies \(ciussswestcentral.ca\)](https://ciussswestcentral.ca/psychology-neuropsychology-internships-residencies)

The deadline to apply is **December 15, 2023, at 4:30 PM.**

## **Rehabilitation for Social and Vocational Integration (RAIS)**

### **Clinical Neuropsychology (Adults, Lethbridge site)**

#### **SUPERVISORS:**

##### **Tiffany Bukacheski (M.A.)**

514-487-1891, poste 210

[Tiffany.Bukacheski.clethb@ssss.gouv.qc.ca](mailto:Tiffany.Bukacheski.clethb@ssss.gouv.qc.ca)

- OPQ member since 2008
- Psychologist at CRLLM since 2009
- Presence: 5 days/week, Neuromusculoskeletal (NMS) program

##### **Valérie Lecluse (Ph.D.)**

514-487-1891, poste 510

[v.lecluse.clethb@ssss.gouv.qc.ca](mailto:v.lecluse.clethb@ssss.gouv.qc.ca)

- OPQ member since 2010
- Neuropsychologist at CRLLM since 2016
- Presence: 5 days/week, TBI & Neurology (West-Island satellite clinic) programs

##### **Julie Mercier (Ph.D.)**

514-487-1891, poste 651

[j.mercier.clethb@ssss.gouv.qc.ca](mailto:j.mercier.clethb@ssss.gouv.qc.ca)

- OPQ member since 2013
- Neuropsychologist at CRLLM since 2017
- Presence: 5 days/week, Traumatic Brain Injury (TBI) program

#### **DESCRIPTION**

Interventions are centered on client's needs. Teamwork is highly valued and an interdisciplinary approach is advocated in all rehabilitation programs. The student will therefore have to collaborate closely with the rehabilitation team and the client in order to establish and prioritize relevant rehabilitation goals for the client in accordance with the intervention plan and apply the appropriate means to reach them. The student will also have to develop good knowledge of the ecosystem-based approach and demonstrate a strong interest in teamwork. Interventions and evaluations are offered to English and French speaking clients, in-person and/or through tele-health format.

The Traumatic Brain Injury (TBI) Program offers services to clients who have suffered a TBI (mild-to-severe), and who require external rehabilitation services, that is, after discharge of the hospital and/or in-house rehabilitation, where applicable. In this context, the neuropsychologist evaluates cognitive functions, performs cognitive stimulation and compensatory cognitive strategy teaching,

supports the client in reactivation and provides psychological support to adapt to the changes that occur. The student will be required to carry out all these activities as well as the writing of reports and proper record keeping. He or she will be able to develop communication skills through interdisciplinary discussions on neuropsychological outcomes and recommendations and through collaborative interventions with the client. Group interventions are also possible (mild TBI education group), to which the student will be asked to participate.

The Neurology Program offers services to clients who suffer from neurological conditions (stroke or neurodegenerative conditions such as MS, Parkinson, etc.). In this context, the neuropsychologist evaluates cognitive functions, performs cognitive stimulation and compensatory cognitive strategy teaching, supports the client in reactivation and provides psychological support to adapt to the changes that occur. The student will be required to carry out all these activities as well as the writing of reports and proper record keeping. He or she will be able to develop communication skills through interdisciplinary discussions on neuropsychological outcomes and recommendations and through collaborative interventions with the client.

The Neuromusculoskeletal (or NMS) program), offers psychological services on an individual basis to clients who suffer from neuromusculoskeletal difficulties due to various diagnoses (i.e., Muscular Dystrophy, Guillain Barré, Complex Regional Pain Syndrome, Polyneuropathy, etc.) or polytrauma, including amputations from an accident. The twofold goals of the programs are behavioural activation and helping clients self-manage and adapt physically, socially, psychologically, and professionally to their condition in order to achieve improved autonomy and a better quality of life. The program offers opportunities to evaluate and work with clients on an individual basis as well as to work with other professionals to help clients achieve their interdisciplinary goals.

### **INTERNSHIP AVAILABLE**

**One full-time 6-month internship in neuropsychology/psychology, with a major in neuropsychology that may be shared 3days/2days or 4days/1 day,** depending on the interest of the candidate and the requirements of the university. The candidate may have the possibility of doing a part-time internship, if the supervisor's availabilities allow it and if the university's requirements are met. The candidate must have completed one internship in neuropsychological assessment with adults and have an interest in the cognitive-behavioral approach. Supervision will be shared amongst the psychologists and neuropsychologists involved. Co-supervision will therefore be favored. Bilingualism is required.

To apply for this internship, please complete the application form available on our website at: [CIUSSS West-Central Montreal | Psychology - neuropsychology: internships and residencies \(ciussswestcentral.ca\)](https://ciussswestcentral.ca/psychology-internships-residencies)

The deadline to apply is **December 15, 2023, at 4:30 PM.**

## **Child Psychiatry**

### **Child Psychiatry Day Hospital**

#### **Childhood Disorders - Day Hospital**

#### **Early Childhood Disorders - Day Hospital**

#### **Childhood Disorders - Day Hospital**

##### **SUPERVISOR:**

**Karen Hardoon, Ph.D.**

514-340-8222 ext. 23181

[khardoon@jgh.mcgill.ca](mailto:khardoon@jgh.mcgill.ca)

- Present 2.5 days/week (Full-time equivalent: 0.5)

##### **INTERNSHIP AVAILABLE**

1 part-time internship offered.

##### **DESCRIPTION**

The Childhood Disorders Day Hospital located in the Centre for Child Development and Mental Health provides intensive treatment for children with severe emotional and behavioral difficulties that interfere with their adjustment in school, at home, and with peers. These children present with a range of diagnoses, including conduct disorder, oppositional-defiant disorder, ADHD, Autism Spectrum disorders, mood disorders, and parent-child relationship problems. The children and their families are offered a comprehensive treatment program incorporating psychological assessment, individual and family therapy, social skills training, educational services, art therapy, and occupational therapy. Psychology interns in the Day Hospital will benefit from being members of multidisciplinary teams that include psychologists, psychiatrists, psychiatric nurses and child care counselors, a social worker, occupational therapists, and special education teachers.

The Childhood Disorders Day Hospital offers a multimodal treatment program, for up to one academic year, for children aged 8 to 12 (grade 3-6). Three or four days per week, the children attend full-day special education classes, with an enrollment of 7 students per class. They return to their 'regular' school 1-2 days per week. The children receive individual play therapy and group therapy tailored to their individual needs. Every part of the child's day is therapeutic, including, recess, lunch, and 'classroom' time. As noted, we are not a school. All families participate in weekly family therapy. The goal for these children is to return to their neighborhood schools following treatment.

### **INTERNSHIPS AVAILABLE**

Students will be accepted for field placement, and pre-doctoral internships during the academic year (end of August through June). Part-time placements are available. The minimum time requirement for a part-time placement is 2 ½ days per week. Ongoing supervision is provided by staff psychologists. This is often supplemented by supervision from other professionals with special expertise in specific forms of therapy.

### **ROLE OF THE INTERNS**

These internships/placements engage the student in active multidisciplinary teams. In addition to their primary psychology supervisor, they will work together with experienced psychiatrists, social workers, psychoeducators, nurses, teachers and occupational therapists. They will also work with students from other disciplines such as drama therapy, art therapy and speech therapy. This will enrich the experience and expand the awareness of the psychology intern. These teams work together to deepen the understanding of the patients and their families.

The internships provide a wide range of opportunities to master both assessment and treatment techniques, work in a multidisciplinary team setting, consult with families and schools in addition to opportunities to attend rounds and workshops:

1. Diagnostic testing for cognitive development, academic achievement, issues of attention and emotional functioning
2. Report writing - of tests, interviews and therapeutic sessions
3. Feedback of findings to team members, parents and schools
4. Classroom observations
5. Family therapy - individual families and multiple family groups
6. Individual child therapy
7. Cognitive behavior therapy
8. Involvement in group therapies - groups of families and groups for children
9. Long term contact with patients (over the course of many months) provides the opportunity to see progress and deepen one's understanding of the existing dynamics
10. Child Psychiatry rounds and other academic experiences. Participation in the preparation and presentation at rounds is often part of the student's role.
11. Consultation with schools, social services & other community resources. School and home visits are conducted in many cases.

To apply for this internship, please complete the application form available on our website at: [CIUSSS West-Central Montreal | Psychology - neuropsychology: internships and residencies \(ciusssswestcentral.ca\)](https://ciusssswestcentral.ca/psychology-neuropsychology-internships-and-residencies)

The deadline to apply is **December 15, 2023, at 4:30 PM.**

## **Early Childhood Disorders - Day Hospital**

### **SUPERVISOR:**

**Laura Fontil, Ph.D.**

514-340-8222 ext. 20674

[laura.fontil.ccomtl@ssss.gouv.qc.ca](mailto:laura.fontil.ccomtl@ssss.gouv.qc.ca)

- Present 3.5 days/week (Full-time equivalent: 0.7)

### **INTERNSHIP AVAILABLE**

1 part-time internship offered.

### **DESCRIPTION**

The Child Psychiatry Day Hospital - Early Childhood Disorders Team offers a treatment program for young children ages 5-8 with serious behaviour and emotional difficulties: anxiety, conduct disorder, ODD, psychoses, OCD, school phobia, attachment disorder, selective mutism, etc. Many also have learning disabilities and attentional disorders. All have family issues dealing with dynamics and management. The patients come from varied cultural, socioeconomic and family backgrounds. They come to the Hospital for 3-4 full days weekly. This is not a school: It is a treatment program that aims to "graduate" the patient to their real world setting which, at this age, is school.

### **APPROACH**

The student will be very engaged in an active multidisciplinary team. In addition to their primary psychologist supervisor, they will work with experienced psychoeducators, psychiatrists, social workers, nurses, teachers, occupational therapists and students from other disciplines. This will enrich the experience and expand the awareness of the psychology intern. The intern will learn to work in a collaborative, dynamic mental health setting. There is also opportunity for the student to pursue an area of personal professional interest such as father/child interaction, learning issues, trauma-informed practices etc. This team provides long term involvement with patients.

### **INTERNSHIP**

One part-time (2-3 days a week) internship/field placement opportunity is available, with some flexibility regarding start and end dates (approximately, end of August to June). Primary supervision is from the team psychologist. Additional supervision for specialty areas such as CBT, group therapies, and family therapy is often provided with other staff members who are highly experienced in these areas. Group and individual supervision provided.



## INTERNSHIP ACTIVITIES

1. Testing for cognitive, academic and emotional issues
2. Report writing - an essential part of all types of assessment
3. Classroom observations
4. Therapies - family, groups for adults and children, CBT, individual therapies
5. Consultation and feedback to parents and schools
6. Developing one's professional role in a multidisciplinary setting
7. Attending and preparing for Child Psychiatry Clinical and Research rounds

To apply for this internship, please complete the application form available on our website at: [CIUSSS West-Central Montreal | Psychology - neuropsychology: internships and residencies \(ciussswestcentral.ca\)](https://ciussswestcentral.ca/psychology-neuropsychology-internships-and-residencies)

The deadline to apply is **December 15, 2023, at 4:30 PM.**

## **CHILD PSYCHIATRY**

### **Child Psychiatry Outpatient Department (OPD)**

#### **SUPERVISORS:**

**Linda Greenberg, M.A.,**

514-340-8222 ext. 25966

[lgreenberg@jgh.mcgill.ca](mailto:lgreenberg@jgh.mcgill.ca)

- Present 4 days/week (Full-time equivalent: 0.8)

**Stephanie Margolese, Ph.D.**

514-340-8222 ext. 25973

[smargolese@jgh.mcgill.ca](mailto:smargolese@jgh.mcgill.ca)

- Present 5 days/week

#### **INTERNSHIPS AVAILABLE:**

- 2 full-time interns
- 1 part-time intern
- 2 summer practicum students (May – August 2024)

#### **DESCRIPTION**

The children and adolescents (ages 3-16) who present to Child Psychiatry Outpatient Department (OPD) exhibit a broad range of psychiatric problems (e.g., neurodevelopmental difficulty, ADHD, learning disabilities, ODD, OCD, anxiety, depression, suicide risk, ASD, etc.). The service is open to both anglophone and francophone families from diverse cultural, linguistic, and religious backgrounds. The role of the psychologist is to conduct comprehensive psychodiagnostic assessments of children and adolescents and their families, to assess children and adolescents through psychological testing, and to offer treatment, including individual, family and group therapy. The two staff psychologists form part of a large multidisciplinary team.

The interns and trainees will gain experience in psychodiagnostic assessment of children and adolescents, using family and individual interview techniques. They will also learn to integrate the information derived from the assessment into a comprehensive diagnostic report and to present their cases at regular multidisciplinary team meetings. Initially, full-year psychology interns observe and participate with their supervisors in the family screenings, and by the latter part of the training year, interns are generally expected to conduct these evaluations independently.

Interns and trainees will also gain experience in psychological testing using a large battery of tests measuring cognitive abilities, academic achievement, adaptive functioning, attention skills, visual-motor integration skills, and socio-emotional functioning (e.g. personality). Interns will learn to score, interpret, and integrate the test results into reports. They will also learn to provide feedback

and to make recommendations to both professionals and parents. Interns will be sensitized to ethical issues in child psychiatry. They may have the opportunity to learn about issues relevant to youth protection and may be required to provide consultation to youth protection services.

In addition to extensive experience in psychodiagnostic and psychological assessments, interns will gain experience in treatment of children and families. There are opportunities to learn individual, family, and group therapy. Team members have interest and experience in cognitive-behavioral therapy, individual therapy, family therapy, and group therapy. Interns with a particular interest in a specific type of therapy may be able to pursue their interest with supervision and support from the psychologists.

Interns will also attend Child Psychiatry rounds during which complex cases in Child Psychiatry will be presented or invited guest speakers will provide continuing education about various mental health topics or therapies. In addition, interns are welcome to present their research during these rounds.

Ongoing supervision is offered by the staff psychologists weekly in a group format (min. 2 hours per week) as well as individually. Interns are always invited to consult with the psychologists on their cases.

### **INTERNSHIP AVAILABLE**

With respect to the number of required hours, the Child OPD service is flexible in accommodating to university program requirements of interns, interns must minimally commit to two full days a week and preferably three or more.

To apply for this internship, please complete the application form available on our website at: [CIUSSS West-Central Montreal | Psychology - neuropsychology: internships and residencies \(ciussswestcentral.ca\)](https://ciussswestcentral.ca/psychology-neuropsychology-internships-and-residencies)

The deadline to apply is **December 15, 2023, at 4:30 PM.**

## **Neonatal Follow-Up Clinic**

### **SUPERVISOR:**

**Manouchak Koulnazarian, PhD**

514-340-8222 ext. 23790

[mkoulnazarian@jgh.mcgill.ca](mailto:mkoulnazarian@jgh.mcgill.ca)

- Present 3 days/week (Full-time equivalent: 0.6)

### **INTERNSHIP AVAILABLE**

- 1 practicum/field placement (2 or 3 days a week) over a full year

### **DESCRIPTION**

The Neonatal Follow-Up Clinic (NFC) is a hospital-based program which follows the growth and development of certain high-risk infants from premature birth until the age of 7 ½ years.

### **INTERNSHIP OFFERED**

This program can accommodate **one part-time practicum intern (2-3 days per week) for the full year**. The primary training in this internship will involve developmental, cognitive, and educational testing. Family interview techniques and developmental interviewing will also be taught as well as the writing of educationally oriented reports. There is, however, no opportunity for therapeutic intervention. Applicants to this program must be able to communicate with ease in both English and French.

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## **McGill Memory Clinic - Jewish General Hospital**

The **Jewish General Hospital/McGill Memory Clinic** is a specialized diagnostic service for the evaluation and differential diagnosis of minor and major neurocognitive disorders, functional disorders (fibromyalgia, chronic fatigue syndrome, IBS, inflammatory arthritis), adult AD(H)D and psychiatric co-morbidities (anxiety, depression), and other neurological diseases (Alzheimer's, Lewy Body Disease, Parkinson's, vascular dementia, FTD, Aphasias) and their subsequent treatment and management.

A group of health professionals works in tandem with adults and older adults and their families referred from physicians in the community, CLSC, residential care settings, inter-hospital consults, outpatients' services for the departments of Geriatrics, Neurology, Oncology, Endocrinology, Family Medicine, Cardiology, in-patients.

### **Internship in Clinical Neuropsychology**

#### **SUPERVISORS:**

##### **Nora Kelner, Ph.D.**

514-340-8222, poste 24348

[nora.kelner@mcgill.ca](mailto:nora.kelner@mcgill.ca)

- 4 days/week of presence in the clinic (full-time position)

##### **Lennie Babins, Ph.D.**

514-340-8222, poste 24680

[lenny.babins.ccomtl@ssss.gouv.qc.ca](mailto:lenny.babins.ccomtl@ssss.gouv.qc.ca)

- 2-3 days/week of presence in the clinic (full-time position).

#### **STAGES AND INTERNSHIPS AVAILABLE FOR 2023-2024**

- 3 part-time practicum or internship (September 2023 to August 2024)
- Weekly attendance and length are flexible, but minimum 2 days/week.
- Preferably a bilingual person, but not exclusionary

#### **DESCRIPTION**

Neuropsychology is a specialty of psychology that studies the relationship between brain-function and how a person thinks, feels, and acts. Clinical neuropsychology looks at these brain-behaviour relationships and the impact of brain disease and/or effects on the cognitive, sensory-motor, emotional, and adaptive abilities of the individual in everyday life. Usually, the practice of this discipline takes place in clinical settings aimed at diagnosis and treatment within a multidisciplinary team. A neuropsychological evaluation is a process that relies on specific tests but entails more than testing as such. A comprehensive assessment provides a systematic examination of a person's medical and familial history, academic and psychosocial backgrounds, mood, and cognitive profile.

This clinical neuropsychology program is designed to train interns on all aspects of neuropsychological evaluations consisting of:

- *Review of Medical Charts:* focusing on previous medical consults such as neurology, psychiatry, and radiology reports and update medications and other ongoing treatments.
- *Bio-Psycho-Social Interview:* conducted also with family members. Students are taught to provide immediate feed-back through clinical suggestions as warranted.
- *Test Selection and Administration:* includes an objective investigation of mood, attention/concentration, memory and learning, expressive and receptive language, praxis, visuo-constructional and visuo-spatial abilities, perceptual and motor skills, and executive function assessing mental flexibility, sequencing, judgment, abstract reasoning, problems solving, planning, and organization. Additional testing for evaluation of language disorders, ADHD and personality screening among others, are included as needed.
- *Test Scoring and Interpretation and Report Writing:* Training students to learn new tests, analyze scores, identify strengths and weaknesses, and achieve a diagnosis. Emphasis on the various aspects of a report is focused on communication and integration of results on a psychological diagnosis and ensuing recommendations, including referrals to specialized community services.
- *Feedback Session:* Students will learn how to provide patients with feedback about their neuropsychological evaluation and how to conduct a dialogue on recommendations.
- *Supervision and Case Presentation:* Students meet with supervisors on a case-by-case basis and present their findings at the weekly multidisciplinary team meetings. Access to hospital grand rounds and research lectures at the Lady Davis Medical Research Institute are available.

### **INTERNSHIP AVAILABLE**

This placement is for pre-doctoral and doctoral students; it also provides a unique opportunity to obtain additional training for students who would like to obtain specific practice in the field as a post-internship. The internship can be completed on a two to four days a week schedule, depending on the student's needs and supervisor's availability.

Interviewing and testing as well as team weekly meetings are carried out according to hybrid modalities (combination of in-person and remote) and adjust to ongoing pandemic and Clinic's health guidelines.

Supervision may vary according to students and supervisor's availability in that it could be done in-person or virtually.

### **POSITIONS AVAILABLE FOR 2024**

Interested students please, contact us by e-mail or by calling directly for any questions.

To apply for this internship, please complete the application form available on our website at: [CIUSSS West-Central Montreal | Psychology - neuropsychology: internships and residencies \(ciussswestcentral.ca\)](https://ciussswestcentral.ca/psychology-neuropsychology-internships-residencies)

The deadline to apply is **December 15, 2023, at 4:30 PM.**