INTERNSHIP AND STAGE OFFERS IN CLINICAL PSYCHOLOGY AND NEUROPSYCHOLOGY

SECOND ROUND

Directorate of Academic Affairs

CIUSSS West-Central Montreal
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Presentation Of the CIUSSS West-Central Montreal

The Integrated Health and Social Services University Network for West-Central Montreal was created on April 1st, 2015.

It included the following 21 institutions:

- Administrative Centre
- Catherine-Booth Hospital
- CLSC de Benny Farm
- CLSC de Côte-des-Neiges
- CLSC de Parc-Extension
- CLSC Métro
- CLSC René-Cassin
- Constance-Lethbridge Rehabilitation Centre
- Côte-des-Neiges Birth Centre midwives
- Donald Berman Maimonides Geriatric Centre
- Father-Dowd Residential Centre
- Henri-Bradet Residential Centre
- Jewish Eldercare Centre
- Jewish general hospital
- MAB-Mackay Rehabilitation Centre
- Miriam Centre
- Mount Sinai Hospital
- Outremont Point of service
- Richardson Hospital
- Saint-Andrew Residential Centre
- Saint-Margaret Residential Centre
Mission

To ensure seamless access to services to the population, the CIUSSS West-Central Montreal is committed:

- To providing the highest quality continuum of health care and social services throughout our network of institutions
- To providing compassionate care and services that are centered on the user and create an exceptional user experience
- To developing and promoting leadership and excellence in health and social sciences education
- To advancing health and social sciences knowledge and practices through excellence in research and innovation

Values

- Highest Quality of Care
  We value excellence and are committed to providing the highest quality of care for all—care and services that are safe, evidence-based and follows best practices in ethics, medicine, and social services.

- Compassion, Dignity and Respect
  In the provision of quality care and services, we are respectful of everyone as unique individuals and we treat them with dignity and compassion, while respecting their privacy and confidentiality.

- Safety
  We are committed to providing care and services within a safe and secure environment. The responsibility for safety is shared by everyone at all times within the network.

- Teamwork
  Because the provision of quality health and social services is a highly complex endeavor, we recognize the important contributions of each member of our staff and our partners. Our teamwork is characterized by 1) a shared consciousness, 2) a shared purpose, and 3) empowered execution. As a team, we are supported in sharing all our knowledge and expertise with one another, with the ultimate goal of providing a highest quality care and services.

- Knowledge and Innovation
  We value excellence in teaching and research, and their role in providing the best quality of care and services for users.

We encourage creativity and initiative in our staff, in order to identify and implement innovative ways to enhance the care and services that our network provides.
Directorate of Academic Affairs (DAA)

The Directorate of Academic Affairs (DAA) is responsible for the implementation of the University Mission granted in 2015 to the CIUSSS West-Central Montreal by the Ministère de la Santé et des services sociaux. With its transversal position within the CIUSSS, it reports directly to the President and CEO and collaborates with all clinical departments to promote the integration and consolidation of the University Mission at all levels of the institution. The multidisciplinary teams of DAA are therefore spread over several sites to fulfill this responsibility.

The various components of the University Mission are research, teaching, advanced practices, knowledge translation, technology, and intervention assessment (ETMI) and outreach/visibility. Research ethics, library and audio-visual services are also managed by Academic Affairs, in support of the implementation of these various components.

As part of our network’s University Mission, CIUSSS West-Central Montreal is committed to providing the highest quality care and services in partnership with our users and their families, as well as advancing the knowledge and practices of health and social services. This is accomplished through excellence in research, education, and innovation, which ultimately enhances the care and services that this institution provides.

Teaching component

The training of students, interns and residents is an essential part of the University Mission. The Directorate of Academic Affairs is responsible for planning and coordinating internships and teaching activities for all disciplines carried out by CIUSSS staff. It also provides training and support to supervisors to ensure excellence in the learning and teaching environment.

All internship requests from students and teaching institutions are directed to the Teaching Team of the Directorate of Academic Affairs. This centralized approach ensures efficient planning of human, material and informational resources and provides optimal support for teaching supervisors, students and the teams involved.
Affiliation with Montreal universities

The CIUSSS West-Central Montreal is affiliated with McGill University, Université de Montréal, UQAM, and Concordia University, and works in partnership with other universities, Cegeps and non-university educational institutions in order to promote the quality of clinical training for students.

Access to health services and social services for the English-speaking population of Montreal

The CIUSSS West-Central Montreal is an institution that provides services in both English and French, in compliance with the legislation in place, mandates entrusted thereto, and available resources.
Internships and stages

Residencies are available at the pre-doctoral levels and, depending on the site, at the level of internship or practicum (practicums, field placements and summer practicums).

The goal of an internship or practicum level training is to develop the basic clinical skills of the trainee, by ensuring a “clinical feel of the setting and its patients, working with supervisors, and participating as a member of a team”. The emphasis is on patient contact, in the context of evaluation and introduction to various forms of interventions.

The pre-doctoral level residencies focus on specialized assessment and intervention methods, such as individual psychotherapy, family therapy, behavioral medicine, and neuropsychology. It offers opportunities for participation in research projects as well.

Residencies, internships, and practicums meet university requirements as well as those of the Ordre des Psychologues du Québec (OPQ). This document describes the specific aspects of each offer.

In addition to clinical activities, interns and residents benefit from various additional learning opportunities such as attending conferences and seminars in psychiatry and psychology offered at the Jewish General Hospital, among others.

Supervision and Evaluation of Residency and Internship Experience

In accordance with OPQ requirements, full-time residents normally receive four hours of supervision per week, two of which are in individual mode. The psychology service suggests a mid-residency meeting where each resident is seen by two psychologists who are not the supervisor to discuss student’s progress, solicit their perception of the training received, and perception of the internship environment as a whole. The responsible people for the clinical training of the residents also make themselves available during the course of the year for any student who wishes to discuss the residency. This formula allows us to accumulate information on the progress of residencies and internships in our environment and to aim at the constant improvement of our offers.
Evaluation Procedure for Pre-doctoral Interns and stages

Internships and stages are the subject of contracts between the University to which the student is attached, the supervisors and the Directorate of Academic Affairs of the CIUSSS. The student evaluation follows academic requirements and generally involves a mid-year formative evaluation and a final summative evaluation. If students encounter difficulties along the way that put their success at risk, the development of a remedial plan between the student and the supervisor is highly recommended. If necessary, it is recommended that an ad hoc committee be established to support the students and their supervisor in this task. In some cases, it may be necessary to discuss the student’s situation with the university’s clinical coordinator.
CLSC - Adult Mental Health First Line

CLSC Parc-Extension

SUPERVISOR:
Carolyne Fortin, M. Ps.
514-731-8531 ext 6393
carolyne.fortin.dlm@ssss.gouv.qc.ca

DESCRIPTION
At the CLSC Parc-Extension, an interdisciplinary team of professionals (psychologist, social workers, nurses, occupational therapist, family auxiliary, responding psychiatrist and psychiatric residents) offers a range of psychological, psychosocial, and medical services to a multi-ethnic adult clientele presenting various and concomitant problems such as depression, anxiety disorders, post-traumatic stress disorder, somatization disorders, prolonged grief disorders and personality disorders with comorbidity. Psychological services include assessment, referral, treatment, and consultation. The psychology intern who joins the team will inevitably work in a context of cultural diversity, since the CLSC Parc-Extension territory is characterized by a large first- and second- generation immigrant population. This diversity means that a good proportion of residents have a mother tongue other than French or English. However, with the arrival of a new university campus and the development of real estate projects over the last few years, the neighborhood is gradually becoming more gentrified. In such a context, the intern will develop experience working with a diverse population on issues related to its many cultures, and socio-economical statuses. The student's proficiency in French and English is essential given the profile of the clientele.

APPROACH
At the CLSC Parc-Extension, the preferred theoretical approach is 3rd wave cognitive-behavioral (DBT/CBT, Mindfulness, ACT, trauma-focused), also integrating various empirically- based practices including mentalization theory and trauma focused therapy. The clinical approach is also adapted to ethnic and cultural diversity, as well as according to the pace and needs of each individual.

To apply for this internship, please complete the application form available on our website at: CIUSSS West-Central Montreal | Psychology - neuropsychology: internships and residencies (ciussswestcentral.ca)
The deadline to apply is Friday March 29, at 4:30 PM.
Rehabilitation Centres - Lethbridge-Layton-Mackay Rehabilitation Centre

The Lethbridge-Layton-Mackay Rehabilitation Centre (CRLLM) is a physical disability rehabilitation centre (PDRC) for pediatric and adult clients with significant and persistent motor, speech/language, visual and auditory difficulties and/or impairments. Services aim for social integration of clientele through an ecosystemic approach (biopsychosocial).

Cardiac Rehabilitation Center

The CIUSSS Centre Ouest Cardiac Rehabilitation Center (CCO-CRC) is a program with the goal of helping participants recover from a cardiac event and preventing further incidence of heart-related problems. This is accomplished through exercise, education, and management of heart disease and cardiovascular risk factors.

Richardson – Cardiac Rehabilitation (Richardson site)

SUPERVISOR:

Cindy Potechin, Ph.D.

514-484-7878 ext. 62147
cindypotechin01@ssss.gouv.qc.ca

• On site 2 days/week. Available for consultation 5 days a week.

DESCRIPTION & ROLE OF THE INTERN

The intern completing a placement at the Cardiac Rehabilitation Center will work in a multidisciplinary team. In addition to the psychologist supervisor, the student will learn to work with individuals representing the following disciplines: Kinesiology, nursing, social work, nutrition, physiotherapy, and occupational therapy. The student will participate in the following activities:

• Clinical interviews to identify the client’s needs, to determine the services to be offered to the client, and to develop treatment goals for the client.
• Short-term psychotherapy/psychoeducation with clients to treat emotional difficulties related to different aspects of their heart health and to the changes experienced due to their cardiac event (e.g. Acceptance of their physical limitations, addressing fears of mortality, coping with lifestyle changes, understanding/accepting their diagnosis). Psychology interventions may be provided in individual or group format.
• Developing and presenting psychoeducational talks and videos related to cardiac health.
Consultations with the team professionals to ensure that the client participates in the cardiac program to the best of his/her ability and to promote the optimal physical and psychological well-being of the client.

Various clinical activities (case discussions, interdisciplinary team meetings, professional meetings).

**INTERNSHIP AVAILABLE**

Students will be accepted for field placements and internships during the academic year (late August to June). **One part-time stage is available.** This stage may be combined with the Lethbridge-Layton-Mackay Adult internship for a full-time internship. Ongoing supervision is provided by the staff psychologist.

**REQUIREMENTS**

- Bilingualism (English and French)

To apply for this internship, please complete the application form available on our website at: [CIUSSS West-Central Montreal | Psychology - neuropsychology: internships and residencies (ciussswestcentral.ca)](https://ciussswestcentral.ca)

The deadline to apply is **Friday March 29, at 4:30 PM.**
MAB/Mackay Services

MAB - Adultes Services (MAB site)

SUPERVISOR:
Cindy Potechin, Ph.D.
514-488-5552 ext. 2442
cindypotechin01@ssss.gouv.qc.ca
• On site 3 days/week. Available for consultation 5 days a week

DESCRIPTION & ROLE OF THE INTERN

The adult program is specialized for an English-speaking clientele over age 25 with significant vision and auditory difficulty and/or impairments. Interventions are currently offered in person and through tele-health formats.

Intern(s) completing placements at the Lethbridge-Layton-Mackay Centre (LLM Adult Program) will participate in the following activities:

• Department intake assessments to document the presenting problem, to identify the client’s needs, and to determine the services to be offered to the client.
• Consultations with family members/other professionals related to the implementation of interventions that promote the optimal social participation and psychological well-being of the client.
• Psychotherapy with clients related to: understanding/acceptance of their diagnosis and management of emotional difficulties related to their vision or hearing impairments (e.g., coping with sudden sensory loss). Psychotherapy may be provided in individual or group format.
• Various clinical activities (case discussions, interdisciplinary team meetings, consultation with other team members, professional meetings, etc.).
• Psychological assessments to verify the client's adaptive/cognitive functioning levels, based on necessity for client’s rehabilitation treatment. These evaluations could be multidisciplinary (team-based) or individual.

INTERNSHIP AVAILABLE - MAB/Mackay Child and Adult Services

Students will be accepted for field placements and undergraduate internships during the academic year (late August to June). Full-time and part-time stages and internships are available. The minimum duration of part-time attendance is 2.5 days per week. Ongoing supervision is provided by staff psychologists. The internship in the LLM Adult Program may be combined with the Richardson Hospital Cardiac Program internship for a full-time internship.
REQUIREMENTS

- Bilingualism (English and French)

To apply for this internship, please complete the application form available on our website at: CIUSSS West-Central Montreal | Psychology - neuropsychology: internships and residencies (ciussswestcentral.ca)

The deadline to apply is **Friday March 29, at 4:30 PM.**
McGill Memory Clinic - Jewish General Hospital

The Jewish General Hospital/McGill Memory Clinic is a specialized diagnostic service for the evaluation and differential diagnosis of minor and major neurocognitive disorders, functional disorders (fibromyalgia, chronic fatigue syndrome, IBS, inflammatory arthritis), adult AD(H)D and psychiatric co-morbidities (anxiety, depression), and other neurological diseases (Alzheimer’s, Lewy Body Disease, Parkinson’s, vascular dementia, FTD, Aphasia) and their subsequent treatment and management.

A group of health professionals works in tandem with adults and older adults and their families referred from physicians in the community, CLSC, residential care settings, inter-hospital consults, outpatients’ services for the departments of Geriatrics, Neurology, Oncology, Endocrinology, Family Medicine, Cardiology, in-patients.

Internship in Clinical Neuropsychology

SUPERVISORS:

Nora Kelner, Ph.D.
514-340-8222, poste 24348
nora.kelner@mcgill.ca
- 4 days/week of presence in the clinic (full-time position)

Lennie Babins, Ph.D.
514-340-8222, poste 24680
lenny.babins.ccomtl@ssss.gouv.qc.ca
- 2-3 days/week of presence in the clinic (full-time position).

STAGES AND INTERNSHIPS AVAILABLE FOR 2023-2024

- 1 part-time practicum or internship (March/April 2024 for 6 to 12 months)
- Weekly attendance and length are flexible, but minimum 2 days/week.
- Preferably a bilingual person, but not exclusionary

DESCRIPTION

Neuropsychology is a specialty of psychology that studies the relationship between brain-function and how a person thinks, feels, and acts. Clinical neuropsychology looks at these brain-behaviour relationships and the impact of brain disease and/or effects on the cognitive, sensory-motor, emotional, and adaptive abilities of the individual in everyday life. Usually, the practice of this discipline takes place in clinical settings aimed at diagnosis and treatment within a multidisciplinary team. A neuropsychological evaluation is a process that relies on specific tests but entails more than testing as such. A comprehensive assessment provides a systematic examination of a person’s medical and familial history, academic and psychosocial backgrounds, mood, and cognitive profile.
This clinical neuropsychology program is designed to train interns on all aspects of neuropsychological evaluations consisting of:

- **Review of Medical Charts**: focusing on previous medical consults such as neurology, psychiatry, and radiology reports and update medications and other ongoing treatments.

- **Bio-Psycho-Social Interview**: conducted also with family members. Students are taught to provide immediate feedback through clinical suggestions as warranted.

- **Test Selection and Administration**: includes an objective investigation of mood, attention/concentration, memory and learning, expressive and receptive language, praxis, visuo-constructional and visuo-spatial abilities, perceptual and motor skills, and executive function assessing mental flexibility, sequencing, judgment, abstract reasoning, problem solving, planning, and organization. Additional testing for evaluation of language disorders, ADHD and personality screening among others, are included as needed.

- **Test Scoring and Interpretation and Report Writing**: Training students to learn new tests, analyze scores, identify strengths and weaknesses, and achieve a diagnosis. Emphasis on the various aspects of a report is focused on communication and integration of results on a psychological diagnosis and ensuing recommendations, including referrals to specialized community services.

- **Feedback Session**: Students will learn how to provide patients with feedback about their neuropsychological evaluation and how to conduct a dialogue on recommendations.

- **Supervision and Case Presentation**: Students meet with supervisors on a case-by-case basis and present their findings at the weekly multidisciplinary team meetings. Access to hospital grand rounds and research lectures at the Lady Davis Medical Research Institute are available.

**INTERNSHIP AVAILABLE**

This placement is for pre-doctoral and doctoral students; it also provides a unique opportunity to obtain additional training for students who would like to obtain specific practice in the field as a post-internship. The internship can be completed on a two to four days a week schedule, depending on the student’s needs and supervisor’s availability.
Interviewing and testing as well as team weekly meetings are carried out according to hybrid modalities (combination of in-person and remote) and adjust to ongoing pandemic and Clinic's health guidelines. Supervision may vary according to students and supervisor’s availability in that it could be done in-person or virtually.

**POSITIONS AVAILABLE FOR 2024**

Interested students please, contact us by e-mail or by calling directly for any questions.

To apply for this internship, please complete the application form available on our website at: [CIUSSS West-Central Montreal | Psychology - neuropsychology: internships and residencies (ciussswestcentral.ca)](http://ciussswestcentral.ca)

The deadline to apply is **Friday March 29, at 4:30 PM.**